



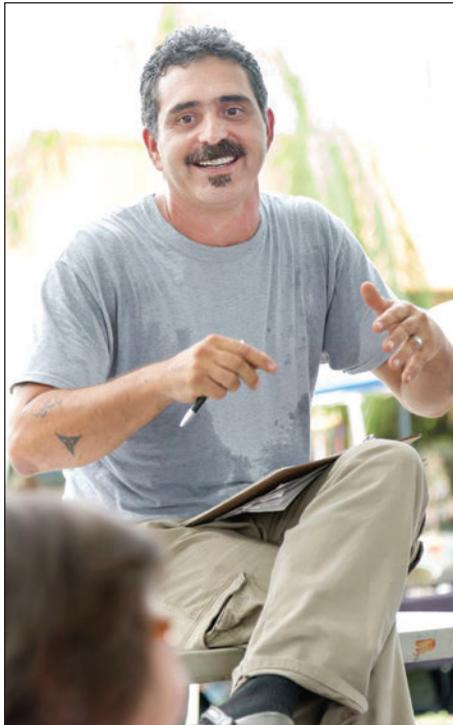
Free Culinary Workshops At GreenMarket

Following a nearly 10-year tradition, the Alliance for the Arts will offer free summer workshops at the GreenMarket every Saturday at 10:30 a.m. during the month of June. The first workshop begins on June 2 and continues on subsequent Saturdays to offer visitors an opportunity to learn five different recipes using locally grown ingredients. Visitors will get a taste of the finished product and complimentary refreshment at the end of each class.

The first presentation is instructed by local farmer, gardener and GreenMarket manager Santiago De Choch. De Choch will introduce students to Poor Man's Caviar, a vegetarian dip that combines eggplant and sweet peppers as the main ingredients, both abundant and easy to grow this time of year in Southwest Florida.

The recipe comes from De Choch's grandmother, a music lover, Holocaust survivor and prodigious cook, who in turn learned it from her own mother in her native Sofia, Bulgaria.

"The recipe will be shared exactly as she always prepared it, without



Santiago De Choch photos provided

the aid of technological advances like food processors," said De Choch. "My grandmother, who is getting ready to celebrate her 90th birthday, would be outraged if chopping vegetables was



Visitors perusing the offerings at the Alliance GreenMarket

done with anything but a sharp knife, and likely interrupt the presentation if done otherwise."

Students who repeat the recipe at home, however, can probably cheat

without danger of the indignant superannuated cook disrupting them.

Saturday recipe presentations continue with Tatiana Logvinova, Green
continued on page 19



Emma Arnold

photos provided

Hot New Singers Launch Sounds Of Summer Series

The Sounds of Summer concert series returns to downtown Fort Myers for a second year, opening with two of Southwest Florida's top

emerging artists: Kate Skales and Emma Arnold. See these songstresses perform their original music at the Sidney & Berne Davis Art Center on Friday, June 8. Doors open at 7:30 p.m. and the music starts at 8 p.m.

The Sounds of Summer bi-weekly series runs from June 8 to August 24 and showcases a range of genres. Tickets are \$5 per person; FSW and



Kate Skales

FGCU students can buy one ticket and get another for free.

At only 17 years old, Arnold is already making a name for herself in the singer-songwriter community. Her heartfelt songs about love, friendship and growing up make her a unique voice in the genre. She has performed across Southwest Florida this year, including the Strawberry Festival, Art Walks the

Runway and Point Ybel Brewery. For more information about Arnold, visit www.emmasarnold.com.

Skales recently appeared on the Southwest Florida scene, but her new album *Ready for Me* is making ears perk up. The album was released in April 2018 and features Skales' big voice, catchy choruses and playful attitude. She
continued on page 4

Historic Downtown Fort Myers, Then And Now:

Third Location For Early Hardware Store



by Gerri Reaves, PhD

In October 1950, First Street was a thriving and diverse business district, as this historic photo illustrates.

This scene looking east from Broadway contains a jumble of commercial signs, but one stands out, “Franklin Hardware” (right).

Contrast the plain but elegant glass-tile façade with the other conventional signs along First: Miller’s Restaurant next door and, beyond that, Oleander Ice Cream, for example.

Across the street, a hodge-podge of signs compete for attention: the Moose Lodge, Wilbur K. Martindale’s radio shop and Belk-Lindsey Department Store at the Hendry Street corner, just to name several.

The Franklin Hardware building’s simple clean style helps to explain why it has not only survived, but -- some would argue -- looks even better than it did almost seven decades ago.

Commissioned by Walter P “WP” Franklin and constructed by the Wheeler family, the building opened in 1937. It was -- and still is -- one of the few downtown structures with notable Art Deco features.

Today, it’s tempting to nostalgically describe Franklin’s as one of those old-fashioned stores that sold everything -- from housewares, guns and sporting goods to farm implement, oil heaters and large appliances. The large store must have been a wonderful place to browse.

Its founder was one of those influential citizens who personified the transition from pioneer days to the post-World War II era.

He undertook many business and civic projects, some in partnership with his son, Paul. He was mayor from 1917 to 1918.

However, today WP Franklin is remembered mostly for constructing the city’s first “skyscraper.”

In 1918, he bought Hill House and later expanded it with an eight-story addition. He



In October 1950, Franklin Hardware on the corner of First and Broadway (right) had been in business 37 years. This Art Deco building was the third and final location. Signs indicate Franklin’s nearest neighbors on that side of First: Miller’s Restaurant and Oleander Ice Cream. Note Goff Jewelry’s distinctive clock at the Patio de Leon entrance.

photo courtesy Florida State Archives



The former hardware store has been extensively renovated with careful attention to original architectural features. Today, the retail space contains many smaller retail spaces -- shops within a shop.

photo by Gerri Reaves

then renamed it the Franklin Arms. It opened in 1924.

Franklin first came to Fort Myers in 1904 as a traveling salesman for a Tampa hardware company. However, he didn’t move to the town until 1913, when he bought CW Carlton’s hardware store, which was located on the corner of First and Hendry in the Bradford Building.

He renamed the store and launched it at the beginning of 1914 with a large ad featuring the motto, “When you think of hardware, think of Franklin.”

In 1931, the business moved across First Street to the Langford (aka Miller) Building and was there until 1937, when it moved to its third and final location on the east side of First and Broadway.

The Art Deco building was the last modern one to go up around the First-Broadway-Dean intersection.

The store operated on that corner for about 40 years -- under different ownerships after 1960 -- but closed in 1977.

The St. Vincent De Paul Thrift Shop then moved in and remained for approximately 25 years.

About 15 years ago, the former hardware store underwent extensive renovations and today retains many of the original features, such as the elegant black vitrolite/Carrara glass tiles on the façade, glass-block transom windows, a metalclad overhang, silver-line accents, terrazzo floors, two terrazzo entryways with “Franklin” embedded in them, and signage on the façade similar to the original.

In 2010, it opened as a retail space containing many shops within one store.

Walk down to First and Broadway to the site of a large hardware store that was one of downtown’s longest lived businesses.

Then, visit the following two research centers to learn more about Franklin’s many enterprises.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society, *The News-Press*, and *The Story of Fort Myers* by Karl H. Grismer.✪

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pieces created by individuals and businesses made completely from recycled or repurposed items. This year's featured designer is Marie C. Dyer, a local artist who has been featured in major publications and art galleries both locally and internationally.

Razzle Dazzle, a boutique shop in Cape Coral, also will provide ready-to-wear looks during the evening. Big Blue Brewing will furnish food and signature cocktails, and music will be provided by Robert McDonald of New Beginnings Events.

Tickets are \$45 in advance or \$50 at the door and include food, a complimentary drink and the fashion show. Tables of eight can be reserved in advance for \$350. Anyone bringing a new or gently loved dress will be entered into a prize drawing.

Local eco-friendly fashionistas can also enter a dress in the FUNky Fashion Show. First place prizes, awarded in the categories of Runway Ready, People's Choice and Funkiest Fashion, include two tickets to Love That Dress! and a \$100 gift card. The fee to enter a dress is \$75, and includes event admission.

To purchase tickets, visit www.lovethatdress.org. Event sponsors include: The Gunterberg Charitable Foundation, IBERIABANK, WastePro and Mike Patrick Electric.

Cape Coral Yacht Club is located at 5819 Driftwood Parkway in Cape Coral. For more information or to schedule a tour, call 425-2366 or visit www.pacecenter.org/locations/lee.✪

One-of-a-kind fashions at the FUNky Fashion Show photo provided

PACE Center Hosting Fashion Show June 20

PACE Center for Girls, Lee County is putting the "fun" in funky with a FUNky Fashion Show collection event at the Cape Coral Yacht Club on Wednesday, June 20 from 6 to 9 p.m. Presented by Iberiabank, the FUNky Fashion Show features one-of-a-kind

Rotary Club Recognizes Scholar-Athletes For Achievements



From left, Joe Wilkins Jr. of North Fort Myers High, Olympic Speedskater Bonnie Blair and Destanni Henderson of Fort Myers High photo provided

The Rotary Club of Fort Myers South recently recognized 36 Lee County scholar athletes for their athletic and academic achievements at the 32nd annual Scholar-Athlete Awards banquet at the Crowne Plaza Fort Myers at Bell Tower Shops.

Eighteen Lee County-area high schools each nominated one top male and one top female varsity letterwinner who maintain a minimum 3.2 GPA,

are involved in school and community activities and demonstrate leadership characteristics. A selection committee of Rotary South members interviewed nominees and selected the winners.

Fort Myers High School's Destanni Henderson and North Fort Myers High School's Joe Wilkins, Jr. were named the female and male Athletes of the Year. They each received \$5,000 scholarships.✪

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Indoor Activities For Rainy Days At Estates

Edison & Ford Winter Estates offers indoor activities for Southwest Florida visitors and residents. The National Historic Chemical Landmark botanic laboratory and the air-conditioned, 15,000-square-foot museum are open seven days a week from 9 a.m. to 5:30 p.m. On days when it's raining or too hot to spend time outdoors, visitors have the option of purchasing an admission ticket for the museum and lab only. The cost of the museum and lab ticket is \$15 for adults, \$12 for teens (ages 13 to 19), \$8 for children (ages 6 to 12), while children 5 years old and younger are admitted free.

The museum offers two new exhibits: the Smithsonian Spark!Lab and the Timeline of Innovation. The Smithsonian Spark!Lab is a hands-on, interactive exhibit for families and children. A series of rotating stations with themes such as vehicle construction, microscope plant exploration, flying machines and Snap Circuits challenge visitors to place themselves in the mindset of an inventor.

The Timeline of Innovation is a chronological exhibit of both Edison's and Ford's major innovations. The timeline highlights achievements in dozens of fields and showcases some of the most interesting artifacts. It also



A family has fun inventing in the Spark!Lab at Edison & Ford Winter Estates

photo provided

provides visitors with a narrative on how Edison, Ford and others built on earlier innovations to create their own inventions. Visitors also can attend daily phonograph demonstrations and listen to Edison's favorite invention.

Thomas Edison, Henry Ford and Harvey Firestone formed the Edison

Botanic Research Corporation in 1927. The three men were on a quest to find a natural source for producing rubber in the United States and tested more than 17,000 plants in the botanic laboratory, now a National Historic Chemical Landmark. Today, visitors can walk through the lab, which was operational until 1936.

In addition to the lab and museum, the site includes Thomas Edison's and Henry Ford's winter homes, caretaker's houses, the swimming pool complex, Edison's study and the Moonlight Garden, all on more than 20 acres of botanic gardens. It's open every day of the year, except Thanksgiving and Christmas.✪

Students Selected To Speak To Astronaut

Sixteen lucky students will get to speak to an International Space Station astronaut as part of the ARISS program at Allen Park Elementary School. The selectees will have the unique opportunity when the Space Station flies over Southwest Florida in the fall. Five alternates were also selected from applications across Lee County Schools.

"It was incredibly difficult to narrow down our applicants to the 16 students who will be speaking to an astronaut aboard the International Space Station via ham radio," says Courtney Black, fifth grade math and science teacher. "Those ultimately selected really stood out due to their interest and enthusiasm about STEM careers and space exploration."

The students selected come from nine schools and all three grade levels: Maite Araza, Cape Coral High School; Avery Black, Allen Park Elementary; Quinlinn Conroy, Allen Park Elementary; Elliot DeCosta, The Sanibel School; Catherine DiPlacido, Allen Park Elementary; Harry Doucette, Tanglewood Elementary; Nishini Fernando, Allen Park Elementary; Emily Gunger, South Fort Myers High School; Christopher Howard, Fort Myers High School; Rowan Martin, Allen Park Elementary; Peyton McCarthy, Gulf Middle School; Karl Schott, Gulf Middle School; Zoe Stamatopoulos, Allen Park Elementary; Addison Stokes, Heights Elementary; Marcel Suarez, Gulf Middle School; Joshua Yue, Allen Park Elementary.

The alternates are: Bennett Black, Allen Park Elementary; Zahkai Fulcher, Gulf Elementary; Emma Giordano, Allen Park Elementary; Oren Philpott, Allen Park Elementary; Brandon Sareh, Allen Park Elementary.

Black is the driving force behind the Amateur Radio on the International Space

Station (ARISS) for Allen Park. Since her application was accepted, she has instituted a "Year in Space" learning program for her students. They have planted tomatoes from seeds that flew in space, they are tracking their steps until they reach the 478 million it would take to walk to the moon and they are studying rocketry, robotics and computer coding. The program culminates with a conversation with a Space Station astronaut.

Recently, Black took the STEM Club to the Kennedy Space Center. They witnessed a Falcon 9 Rocket launch, got to meet astronaut Dr. Tom Jones, and learned Allen Park will be receiving a Giant Mars Map from Buzz Aldrin's Share Space Foundation. Black says the trip was an "epic" experience for her and her students.

The ARISS fly by and conversation with an astronaut is expected in either September, October or November. The exact date and time is still to be determined and won't be finalized until the week before.

CenturyLink will provide the ham radio connection needed for the students to communicate with the ISS crew as they pass overhead. FGCU is providing STEM educational support and a telescope to view the Space Station while the students ask their questions.✪

From page 1

Concert Series

has quickly made a name for herself within musicians' circles and with audiences. For more information about Skales and her new album, visit www.facebook.com/kateskales.

The Sounds of Summer series is sponsored by The Beaches of Fort Myers and Sanibel, Island Hopper Songwriter Fest, Volvo of Fort Myers and Carbon Press.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information or tickets, visit www.sbdac.com or call 333-1933.✪

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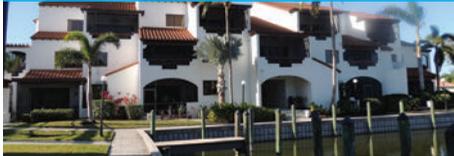
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Fort Myers Art:

Theater's 25th Season Includes More TalkBacks



by Tom Hall

Theatre Conspiracy at the Alliance will celebrate its 25th consecutive season with beloved classics, comedic favorites and award-winning new plays from fresh voices.

"We're celebrating the past, present and future of Theatre Conspiracy at the Alliance for the Arts this season," said founder and producing artistic director Bill Taylor. "Our productions will reflect on the incredible work that has shaped the Southwest Florida theater community, as well as welcome the journey of our next 25 years."

New this year will be a 7:30 p.m. curtain time for evening performances, audio described shows and even more talk-backs.

Performances are Thursday, Friday and Saturdays with the new 7:30 p.m. start time. Sunday matinees will remain at 2 p.m. The seven show lineup includes *Repossessed* (A World Premiere Play) by Greg Lam and directed by Steve Hooper from August 16 to 26; *Murderers - A Killer Comedy* by Jeffrey Hatcher and directed by June Koc from September 27 to October 7; *The Elephant Man* by Bernard Pomerance and directed by Rick Sebastian from November 8 to 18; *The Agitators* by Mat Smart and



Theatergoers take a break during intermission

photo courtesy www.artswfl.com

directed by Bill Taylor from January 17 to 27; *Marian, or the True Tale of Robin Hood* by Adam Szymkowitz and directed by Rachael Endrizzi from February 7 to 17; *Joe Turner's Come and Gone* by August Wilson and directed by Sonya McCarter from March 1 to March 18; and *Rancho Mirage* by Steven Dietz and directed by Anne Dodd from May 9 to 19.

For theatergoers who are blind or have moderate to severe vision loss, the Alliance will provide a specially trained describer who verbalizes what's happening on stage during pauses in dialogue. The "audio describer" uses a headset microphone, while individuals using the service listen through

a receiver with a single earpiece. Reservation of headsets is required prior to the show by calling 939-2787.

To widen the post-show conversation and discuss what the art onstage means to us as individuals and as a society, the Alliance will facilitate a community conversation through TalkBacks on selected dates. TalkBacks allow the audience to ask questions and express their thoughts and ideas on issues revealed in the play through the form of meaningful discussion with the cast or panel guests. The opportunity is included with ticket purchase.

Tickets and subscriptions are now on sale. Theater lovers can save up to \$42 with a season subscription. Season subscriptions range from \$115 per person for five shows to \$140 per person for all seven shows. Individual

tickets to each show are \$26, \$11 for students or \$22 for Alliance members. To purchase tickets or for more information, call the box office at 939-2787, visit 10091 McGregor Boulevard in Fort Myers, or go online to www.artinlee.org/theatre.

Sculptor Expands Into Discipline Of Rug Making

Monumental sculptor Albert Paley has expanded his repertoire to include rug designs. In this capacity, he worked closely with Oriental Rug Mart owner Reza Nejad Sattari to transform a series of monoprints into high quality hand knotted rugs. Reza is passionate about the history, culture, and craftsmanship of the carpet industry and personally oversees every aspect of the process that transforms Albert's designs into rugs. Paley's rugs are constructed with hand-carded, hand-spun and naturally dyed wool, using unusually fine Tibetan weave at 144 knots per square inch on a cotton warp and weft foundation.

"This collection of rug designs is an evolution of my studio practice that reflects form as a language made manifest through the tangible nature of materials and related processes," Paley points out. "The sensitivity and sensibility of material considerations was embraced here with the selection of the wool and the natural dyes. Now, not just the vibrancy of color but also the richness of the wool with its tactile quality and subtlety enhances the imagery. The softness and nuance of natural dyes and the material character of the wool create an all-over unity in these designs."

For more information, call 585-425-7847.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

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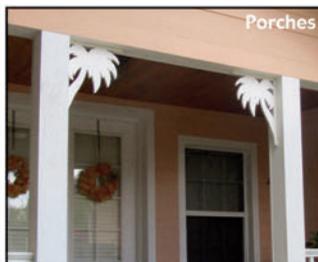
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Mini Golf Benefit For Homeless Coalition

The Lee County Homeless Coalition will hold its inaugural mini golf family fundraiser at Alico Family Golf (AFG) on Saturday, June 9 from 2 to 9 p.m. It will offer a chance to win \$1 million with a Hole-In-One Challenge.

The event is hosted by State Representatives Matt Caldwell, Ray Rodrigues and Dane Eagle, along with Commissioners Cecil Pendergrass and Brian Hamman, and Fort Myers City Councilwoman Gaile Anthony.

"This year, we saw an increase in the number of homeless individuals and families, which largely can be attributed to the prolonged effects of Hurricane Irma," explained Janet Bartos, executive director of the Lee County Homeless Coalition. "We have seen an increase of 257 individuals homeless because of the

hurricane and a total increase of 68.91 percent from last year. We estimate that there are nearly 2,957 people homeless in Lee County."

Cost to play is \$25 per adult in advance; \$30 per adult at the door; \$15 per child younger than age 13 in advance; and \$20 per child younger than age 13 at the door. Tickets include a free meal and a drink, unlimited rounds of mini-golf, unlimited rounds on the nine-hole short course, unlimited buckets of golf balls for the driving range, SNAG (Start New At Golf) for kids and beginners, and more.

The \$1 million Hole-In-One Challenge is open to all attendees. The distance of the shot will be measured at 167 yards. A closest-to-the-hole qualifier will bring it down to three finalists to stand up to the \$1 million shot.

Alico Family Golf is located at 16300 Lee Road in Fort Myers. For more information or to purchase tickets, visit www.leehomelessminigolf.eventbrite.com.*

Cast and musicians from *Ring of Fire*

photo provided

Broadway Hit About Legendary Musician Staged

The Broadway hit *Ring of Fire* is now playing at Broadway Palm Dinner Theatre through June 23. The life story of legendary musician Johnny Cash will be recounted by a talented cast of musicians through his music.

Even after his passing, Cash is still one of the most popular entertainers of all-time. *Ring of Fire* tells of his passion, redemption, humor and salvation. This production paints a musical portrait of

The Man in Black that promises to be a foot-stompin', crowd-pleasin' salute to this remarkable legend. The play features over 30 Johnny Cash hits including *I Walk the Line*, *I've Been Everywhere*, *A Boy Named Sue* and the title track *Ring of Fire*.

Performances are Wednesday through Sunday evenings with selected matinees. Ticket prices range from \$45 to \$70 with discounts for children and parties of 20 or more. Advance reservations are required and tickets can be reserved by calling 278-4422, by visiting BroadwayPalm.com or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers.*

Architect Chapter To Award Four Scholarships

The American Institute of Architects (AIA) Florida Southwest Chapter is offering financial assistance scholarships to four local students enrolled in a bachelor of architecture or a master of architecture program. These scholarships are funded through local member donations and dues.

Applicants must be graduates of a Lee, Collier, Charlotte, Hendry and Glades counties and a Florida public or Charter High School in the current or past years that demonstrate financial need, outstanding talent and achievement in the field.

A \$2,500 award will go to a current or graduating high school senior, or a current college student enrolled in an accredited professional degree program in architecture.

A \$1,500 award will go to a current or graduating high school senior, or a current college student enrolled in an accredited professional degree program in architecture.

Two \$500 awards will go to a current or graduating high school senior, or a current college student enrolled in an accredited professional degree program in Architecture.

The deadline for the scholarship

applications will be June 30. Scholarships will be awarded on merit and need based. Scholarships will be announced at the annual award luncheon in July.

For more information and applications, visit <http://aiaflsw.org/> or contact Art Castellanos, AIA president, at art@castellanostramonte.com.*

Artists And Musicians Unite For Networking

Gulf Coast Leisure's next Art & Poetry Networking Event at Sidney & Berne Davis Art Center will draw creative professionals to cultivate their craft and have a positive environment for self expression on July 26 at 8 p.m.

Attendees are invited to kick back, have a cocktail and take part or watch local art and poetry with live entertainment, vendors, networking and more. Each month, Gulf Coast Leisure offers artists, musicians, poets the opportunity to connect with each other and showcase their talents. Cost is \$10.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, tickets and artist registration, visit www.gclmovement.com.*



Southwest Florida String Trio

photo provided

String Trio To Perform At Shell Point

Shell Point Retirement Community's 2018 Summer Concert Series will welcome a performance by Southwest Florida Symphony's Southwest Florida String Trio in the Grand Cypress Room at The Woodlands at Shell Point on Wednesday, June 13 at 7 p.m. The event is open to the public. Tickets are \$20 and will be held for pick-up at will call on the

night of the performance.

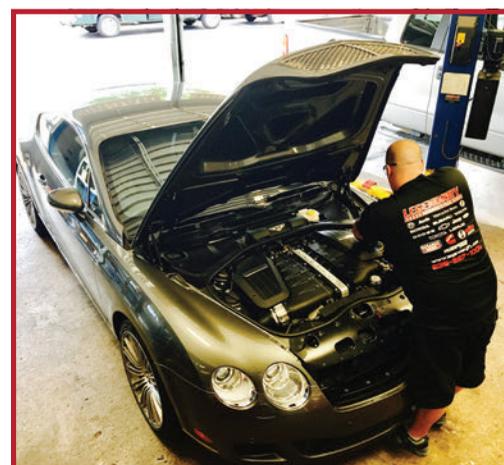
The Southwest Florida String Trio will perform an array of musical selections from great composers such as Bach, Vivaldi, Schubert and Piazzolla, in Baroque and Beyond, Part II. Concertgoers will be introduced to insightful background on each composer and will have an opportunity to meet with the musicians following the concert.

The Woodlands at Shell Point is located at 14441 Woodsong Lane in Fort Myers. For more information or tickets, visit www.shellpoint.org/concerts or call 454-2067.*

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Along The River

The River District Alliance will host **Art Walk in downtown Fort Myers** this Friday, June 1 from 6 to 10 p.m. and Saturday, June 2 from 11 a.m. to 4 p.m.

Fourteen galleries invite visitors and residents to meet the artists and enjoy live art demonstrations and exhibitions along the river district.

For more information, visit www.fortmyersriverdistrictalliance.com.

One of the galleries, Arts for ACT, will host an opening reception and meet-the-artists session from 6 to 10 p.m. Artists Rey Lorenzo and Joe LeMay will be exhibiting their works. Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, visit www.artsforactgallery.com.

Sidney & Berne Davis Art Center will be celebrating its 10th season with an opening reception for its June juried exhibition titled X. The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. Visit www.sbdac.com or call 333-1933 for more information.

Alliance for the Arts' one-of-a-kind June exhibition, **Augmented Reality**, will bring computer-generated objects into the real world, beginning with an opening reception this Friday, June 1 from 5 to 7 p.m.

Augmented reality, or AR, superimposes computer-generated images over a user's view of the real world, thus enhancing one's current



Comedian Kevin Nealon, right, pictured with sister Kimberly Nealon and Joey's Custard co-owner Debi Almeida, is performing at a benefit for Hope Hospice on June 5

photo provided

perception of reality. The gallery walls will be blank, leaving the exhibition only to be viewed through a free Alliance app through the App Store. Gallery-goers will use a phone or tablet to produce augmented reality through a series of marker-based targets that will bring to life megalithic creatures, board games, asteroids and other images.

Featuring a total of 12 digital works, Augmented Reality is a virtually interactive, digital exhibition designed and curated by August Taylor, a sophomore student majoring in computer science with a focus in

cyber security at Florida Polytechnic University. Taylor currently has over 20 industry certifications, most of which were achieved while at Dunbar High School's Microsoft Academy.

While gallery admission is free, a \$5 suggested donation keeps Alliance programming affordable and accessible.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org.

Bands, vendors, and food trucks will be taking over **Millennial Brewing** for Love Your Rebellion's **Babefest** this Friday, June 1 from 6 p.m. to midnight. Live music will be performed by The Young Dead, Cobress, the Txlips and more. Vendors will be on hand from all over Florida as well as food trucks. Celebrate diversity in music, art, craft beer and more at this eclectic music and arts festival.

Tickets are \$15 per person.

Symphony 57th Concert Season

Internationally acclaimed Maestro Nir Kabaretti will lead the Southwest Florida Symphony's 58th year, beginning in November.

Maestro Kabaretti is the fifth music director in the organization's history. He has led critically acclaimed performances throughout his first three seasons with the Southwest Florida Symphony. In April 2017, he signed a new three-year agreement with the symphony, extending his contract as music director through the 2019-20 season.

The Southwest Florida Symphony is the only professional symphony orchestra in Lee County and one of the oldest continuously operating orchestras in the state. Founded by conductor Arlo Deibler, the symphony made its debut as a community orchestra on April 15, 1961 with a roster of 24 musicians who performed in community centers and schools throughout Lee and Collier Counties.

The Symphony's 2018-19 season features concerts in all of its signature

Millennial Brewing Company is located at 1811 Royal Palm Avenue in Fort Myers. For more information, visit www.loveyourrebellion.org.

The James E. Hendry Chapter of the American Hibiscus Society will hold its 67th annual **Hibiscus Show and Plant Sale** at Araba Shriners this Sunday, June 3 from 1 to 4 p.m.

The free hibiscus show is the oldest, largest and best attended of all Florida's hibiscus shows, attracting several hundred people annually.

In addition, more than 700 hybrid hibiscus plants will be for sale. Free raffle tickets will be given away every 30 minutes for gift certificates from several local businesses.

Parking and admission to the annual hibiscus show and plant sale are free. Araba Shriners is located at 2010 Hanson Street in Fort Myers. For more information, visit www.hendrychapterahs.com

John Patrick, chief meteorologist with ABC-7, will be the lead speaker at a comprehensive **hurricane seminar** being offered at **The Shell Factory** this Tuesday, June 5. The 10 a.m. program will feature Patrick and representatives of the American Red Cross, Lee County Emergency Management, StormSmart, Fireservice and The Home Depot.

The free program will provide an emphasis on preparation for the hurricane season and recovery procedures should there be a hurricane. More information will be provided by United Way, Project Hope and Lee County Crime Prevention. A representative of the Deaf & Hard of Hearing Center will provide signing. Pre-registration is not required.

Participants will be offered free Nature Park passes for the family and door prizes. Hurricane-related businesses will have table displays that

continued on page 18



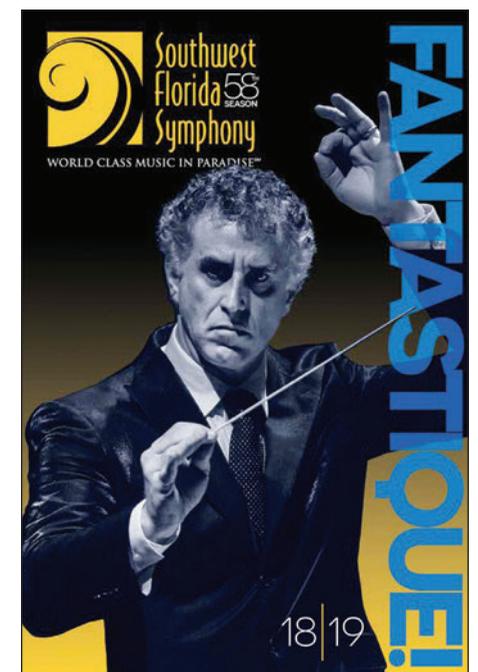
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Fantastique image provided series. For a complete concert schedule and more information, visit www.swflso.org.

OBITUARY



HOLLIS GARLAND JEFFCOAT

Hollis Garland Jeffcoat, an Abstract Expressionist painter whose elegant, gestural, color-saturated paintings represent a lifetime's pursuit of sharing the beauty and visceral experience of the nature she loved, died on April 30 in Fort Myers, Florida from complications of ovarian cancer. She was 65.

Jeffcoat's sharp intellect, extraordinary color-sense and innate talent made her a great painter. Her sensitivity and generous heart made her a great teacher. Everyone who met her loved her, and she loved them back. Over the years, Jeffcoat developed and taught painting courses in France and in Florida at Florida SouthWestern State College (Edison), her alma mater, Florida Gulf Coast University, BIG ARTS and for three years at SilverTree Art School in Naples, which she co-founded.

Hollis Garland Jeffcoat was born on May 13, 1952 in Fort Myers, Florida. A fifth generation Floridian, Jeffcoat dubbed herself a "true blue Florida Cracker." Her father, Joel Jeffcoat III, managed the family wholesale meat company, often taking his daughter by ferry to Sanibel to visit customers. Her mother, Sherry Carroll, was the first woman with a commercial real estate license in Southwest Florida.

Jeffcoat's predilection for abstract art surfaced early, when at the age of 5, she announced to her family that she would become an artist "even though I don't color in the lines." She never wavered from that commitment.

Soon after graduating from The New York Studio School, where she studied with some of the great painter/teachers of the time - Philip Guston, Andrew Forge and Jack Tworckov - Jeffcoat moved to France. There, her exceptional talent, commitment to her craft and indomitable spirit earned her the respect and friendship of several renowned artists - Joan Mitchell, Francis Bacon, Jean-Paul Riopelle and Elaine de Kooning, among others.

She strove for perfection not only in



Through the Mangroves, 2016, oil on linen, by Hollis Jeffcoat

her painting, but also in any endeavor she took on. In France, she learned to speak perfect Parisian French by listening; in Canada, she became an excellent ice and fly fisherwoman and experienced hunter. She trained her retriever to hunt with her and because she believed strongly that "you only kill what you eat," she was known as a superb cook.

Fiercely independent, Jeffcoat forged her own way, because it was always only about "the Paint." As she stated "... it hasn't always been easy, but I would not have it any other way."

While she worked in other mediums, she seldom strayed from her "true love," oil paint, and over the years explored its use on velum, Plexiglas, wood and etchings to wondrous results, creating long series of energetic, color rich work. Distinguished Color Field painter, art critic and essayist Darby Bannard wrote in 2005: "...she has made some changes, which bring her art to the level of the best painting being done anywhere. It is a pleasure to see work like this... Enjoy it. It is the real thing."

After 30 years away in France, Montreal and New York City, Jeffcoat returned in 2008 to Sanibel, her "favorite place in the world" and the nature that was in her blood. It was here that she explored the relationship of color and sound. For the first time, Jeffcoat consciously employed her gift of synesthesia, a neurological phenomenon that caused her to automatically see color every time she heard a sound (something she had in common with her mentor, Joan Mitchell), to capture the feelings evoked by the cry of osprey that "brought me to my knees." In the final years of her life, Jeffcoat gave herself over to expressing her own highly personal reactions to nature-based sounds and the ripples of color they evoked. Like other skills, through use, her synesthesia expanded to include the color of smells, taste and feel, enabling

her to create a total sensory experience in paint.

In the publication *Arts SW Florida* editor Tom Hall wrote: "...Ms. Jeffcoat's oeuvre affords present and future generations a novel and heretofore-unexplored platform for examining their own relationships with nature, the ecology and the products of their senses, including those of taste and smell. This is

image provided

Hollis Jeffcoat's legacy. It's why her work is sure to endure."

Jeffcoat had her first solo show at the Theo Waddington Gallery, Montreal in 1981 and her last in January 2018 at Watson MacRae Gallery, Sanibel, Florida, where she exhibited her newly completed Story Series paintings. In between, she exhibited extensively in Paris, Canada, New York City and Florida. Her work is included in the permanent collections of New York's Metropolitan Museum of Art, The Morgan Library, The Brooklyn Museum and The Contemporary Museums of Art in Montreal and in Quebec City, and the Tana and Pierre Matisse Collection, as well as private collections around the world.

Like many late great artists, Hollis Jeffcoat has a large unfinished painting hanging on her studio wall with sketches of its next iteration. When she received the diagnosis of ovarian cancer, she cried, "This can't be! I have too many paintings to paint."

Jeffcoat leaves behind a devoted partner, a loving family and many, many beloved friends who will grieve her loss. She is survived by her life partner, Maureen Watson of Sanibel; mother, Sherry Carroll of Fort Myers; brother and sister-in-law, Joel and Laura Jeffcoat of Seattle; sister and brother-in-law, Lani and John Schwinn of Myrtle Beach, South Carolina; brother, David Jeffcoat; niece, Gieva Jeffcoat; nephew, Taegen Jeffcoat; grand-niece and grand-nephew, Mya and Eric Mandat-Jeffcoat, all of Fort Myers.✧

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Dr. Douglas Magomo photos provided



University of Zimbabwe student with computer

"FSW was in the process of upgrading our computers to newer models, and I had just learned that UZ was still using the same computers it had when I attended in the 1990s," Dr. Magomo said. "I reached out to our School of Pure and Applied Sciences Dean, Dr. Martin McClinton, and the FSW Information Technology (IT) department to ask if the computers could be donated, and they agreed."

Before the computers could be donated, FSW's IT team wiped the hard drives of all data and reimaged them so that UZ could install the software they

needed.

"FSW's staff and faculty PCs are replaced every four years, and our student and classroom PCs are replaced every seven years," said Jason Dudley, FSW chief information officer. "In most cases, we use a recycler if we can't find a use for the older computers. Thankfully, along with UZ, we have recently been able to find other institutions in need that can use our computers to further their educational programs."

"Prior to the computer donations, all of our undergraduate math courses

that required the use of computers were being taught in other departments," said Dr. Gift Muchatibaya, UZ mathematics department coordinator. "This meant that our students had limited access to computers since they had to share the lab with students from other university programs. We are proud to say that we now have our own lab because of FSW's generosity. We have since installed packages such as Matlab, Mathematica and Maple to the machines, and this has made teaching of most of our courses such as numerical methods, fluid dynamics and mathematical modeling a lot easier for faculty and students."

"Having a functional lab has also helped in that most of our students can't afford personal computers or the relevant software packages because of the current economic situation," Dr. Muchatibaya said. "The impact this donation has had as far as our research and teaching activities in our department is enormous and we, the UZ community, are grateful."

In addition to coordinating the donations, Dr. Magomo also covered the shipping costs out of his own pocket, and he is currently gathering more computers for a second round of donations.

"In these days of the internet, these machines can be used for many things, but most importantly they enhance education and connect people to the outside world," Dr. Magomo said. "This is not just a need for UZ, but for the entire country of Zimbabwe."✪

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE

RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

Friday Shabbat at 7 p.m. 2050 Periwinkle Way, www.batyam.org 579-0296.

BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.

BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.;

Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL CONGREGATION

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KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambogodchurch.net, 267-3525.

NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.17671 Pine Ridge Road, peacecommunitychurch.com, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

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SAINT JOHN THE APOSTLE

METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

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Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org. 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN

CHURCH Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

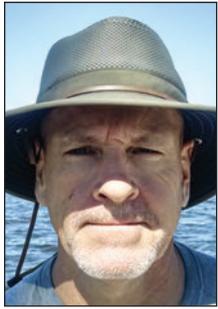
Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.✪

CROW Case Of The Week:
Barred Owl

by Bob Petcher



The barred owl (*Strix varia*) is the prototypical owl that gets its name from the coloring of its wings and tail, a barred brown and white shade. These large, stocky owls have round heads,

no ear tufts, brown eyes and rounded tails.

Also referred to as a hoot owl, the barred owl has been compared to the spotted owl in appearance, though the spotted owl is smaller in size and has spots rather than streaks.

Barred owls generally live in tree cavities, sleeping mainly in the daytime and hunting by night. That hunting process is mostly a sit-and-wait game from an elevated perch using a sharp panoramic scan with their keen eyesight and hearing. These owls have a recognizable hoot that has been roughly translated as, "Who cooks for you?"

At CROW, an adult barred owl was admitted to the hospital from Lehigh Acres where it was found on the ground near a fire station. When it arrived at the clinic, the owl was severely down and depressed, and it could barely move. An IV catheter was placed to administer fluid therapy for the bird, and it was placed in an oxygen chamber.

"When patients are down and stressed, the additional oxygen can help improve their breathing, as well as ability to transport oxygen throughout their body," said Dr. Malka Spektor, CROW veterinary intern. "The owl was in oxygen for two days before being moved to a regular enclosure."

The intake exam revealed a right wing droop and possible toe injury. The feet were bandaged with ball bandages.

"A wing droop is when the patient is holding a wing in an abnormal, drooped position. This can be caused by orthopedic or soft tissue injuries, as well as weakness or systemic illness," said Dr. Spektor. "In this patient's case, we suspect it was due to weakness. It resolved when the patient became stronger and was able to hold its body up normally."

The owl's mentation did improve three days later, and a full set of x-rays were taken. The radiographs showed the owl had a fractured toe on each of its feet; however they were noted as older injuries that had already mostly healed.

By May 22, just five days after being admitted to the clinic, CROW officials stated the owl had become bright and alert and was moved to an outside enclosure. Its wing droop had resolved, and the owl was cleared for release.

The patient's quick turnaround in health may have been due to the flushing out of a toxin in the owl's system.

"Since radiographs and bloodwork, as well as physical examination, did not show any glaring abnormalities other than mentation, we suspect that it could have been a toxin, or some kind of systemic



Patient #18-1811 was moved to an outdoor enclosure after five days in the clinic

photo by Brian Bohlman

infection that did not show up in the bloodwork. Treating the patient with IV fluids helps flush out any toxins, as well as improving its circulation," said Dr. Spektor. "The patient was also put on antibiotics to treat any infections, either primary or secondary to being down. If we are able to get ahead of the disease process, and support the patient with fluids and food, it can be enough to improve their condition."

The patient was reportedly released successfully by the finder at the same

location it was found on the afternoon of May 24, just one week after being admitted.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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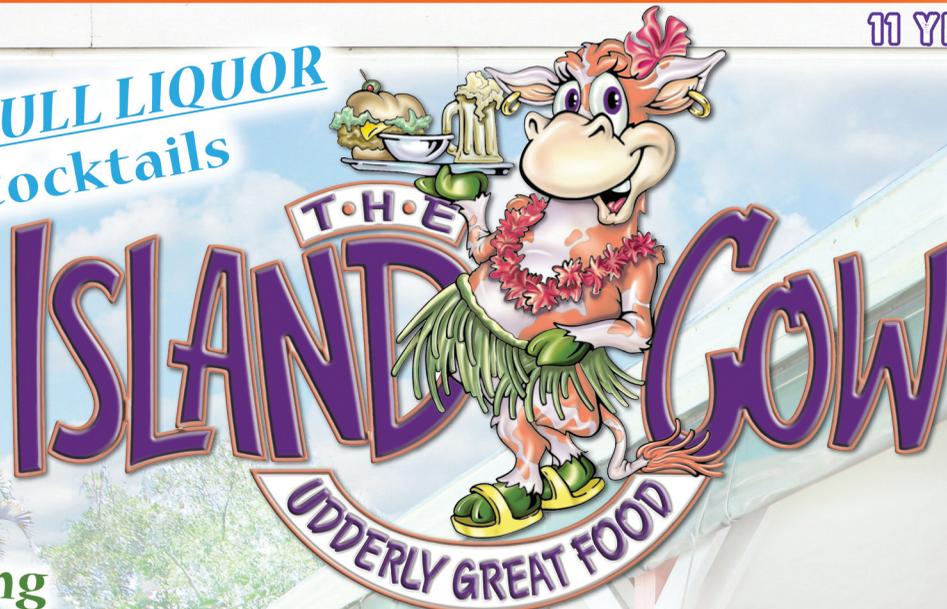
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Memorial Day Washout



by Capt. Matt Mitchell

Subtropical storm Alberto put a quick halt for most on getting out on the water over the past holiday weekend.

In the days leading up to this rain event, fishing was good unless you were tarpon fishing. The days I targeted tarpon, even though we found and often sat in rolling fish, we just could not get them to go nor did we see another boat hook-up. Switching gears and targeting snook, trout and redfish action was the call, and we were rewarded with some awesome action that made you ask yourself, why am I even trying to catch these tarpon?

Two of the groups I had this week had multiple tarpon trips scheduled with me and, after we had a unsuccessful tarpon hunt, I talked them both into targeting snook, redfish and trout which we did with great results. I was lucky enough to get on some of the better redfish action I have seen in months, along with big snook in the passes and scattered trout action.

Even when conditions have been near perfect, the tarpon bite has just been tougher most trips than in previous years. The longer I do this

the more I really prefer to tarpon fish in the fall when there is very little pressure on these fish that they just eat. This week, every time you found a few tarpon other boats would simply pile in on you and spook the fish. You would see a group of fish come up and roll then they would go down and just never resurface. It was over that quick. After a few days of running many miles looking for tarpon and just not finding any decent numbers of fish, it's brutal as a guide and really just starts to wear you down.

Low incoming morning tides proved a very productive set-up for the passes with a variety of species taking our live shiners. The amount of different species was impressive with snook, trout, grouper, snapper, mackerel and jacks being just part of the bite. As the tide got faster, we added a split shot to our rigs to get the hook down closer to the bottom, and the bite kept on going. South winds added to the high tide and let us mangrove fish by mid-morning most days. Going mangrove shoreline to shoreline, we caught snook, redfish and big trout with free-lined shiners. Most of these fish on the mangroves were up super tight to the trees, and the best action came right after the tide change as the water began to go out.

We are very lucky to have lots of options, that's one of the things that makes this fishery so incredible. Being able to switch it up and change species was what I had to do this week to keep my clients smiling. Even though they had tarpon on the brain when tarpon are just not doing it, it was a better choice to go out and catch some of the



Henry, Ken and Chuck from St. Louis planned on tarpon but got in on a great back country bite this week photo provided

other quality gamefish that our area offers anglers.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James

City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*

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Plant Smart

Starrush Whitetop

by Gerri Reaves

Starrush whitetop (*Rhynchospora colorata*) is a member of the sedge family and native to the southeastern U.S. In the wild, it's found in Florida's freshwater wetlands, moist pinelands and prairies, as well as ditches and swales.

Common names include white bracted sedge, whitetop sedge, painted sedge and fine-leaved white-top sedge.

The terminal flowers appear on slender three-angled stalks that grow up to two feet tall.

The very narrow grass-like leaves are erect and four to 12 inches long. Basal leaves are longer, and leaves on the stalk are shorter.

What appears to be large downward curving flower petals are in fact bracts, or leaf-like parts, just below a central flower cluster.

The three to seven slender bracts have white bases, which are usually less than an inch wide. The tips of the bracts look as if they have been dipped in green paint.

White cone-shaped spikelets, or scales, enclose rounded clusters of minute yellowish flowers.

Unlike most sedges, this species is not pollinated by wind. The colorful bracts attract pollinators to the tiny flowers, which bloom year around in South Florida.

Plant this long-lived wildflower it in



Native starrush whitetop has a cluster of minute flowers. The white "petals" whose tips seem to have been dipped in green paint are bracts. photos by Gerri Reaves

a moist area or use it as a groundcover. Give it full sun to partial shade.

It spreads via rhizomes, horizontal root-like stems. Propagate it by dividing the rhizomes or with the seeds.

The beaked achene, or dry seed, inspires the term *Rhynchospora* in the botanical name. *Rhynchos* is Greek for beak and *spora* means seed.

Sources: *Everglades Wildflowers*



This semi-aquatic wildflower prefers wet habitats, from moist fields and pinelands to swales and pond sides

by Roger L. Hammer, *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *The Guide to Florida's Wildflowers* by Walter Kingsley Taylor, *National Audubon Field Guide to Florida* by Peter Alden et al., *Native Florida*

Plants by Robert G. Haehle and Joan Brookwell, *Wildflowers of Florida* by Jaret C. Daniels and Stan Tekiela, www.flawildflowers.org, www.fnps.org, and www.regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.*

Slough Preserve Trails Now Open

Public access is now open for the first time to visitors at Six Mile Cypress Slough Preserve North on Lockett Road in Fort Myers.

This Conservation 20/20 preserve includes nearly eight miles of marked hiking and equestrian trails through predominantly pine flatwoods and cypress swamps. Wildlife sightings are abundant at the 1,219-acre preserve, which was acquired between 2010 and 2011 using funds from Conservation 20/20, Lee County's land acquisition and management program.

The preserve is located directly north of Lee County Parks & Recreation's Six Mile Cypress Slough Preserve, providing a crucial hydrological link to improve water flow into the slough. The land that encompasses Six Mile Cypress Slough Preserve North historically functioned as the headwaters of the Six Mile Cypress Slough.

A large-scale hydrological restoration was completed in 2017 to rehydrate dry sections of the preserve and allow water to flow more naturally south into the slough. Engineers created a system of flow-ways and constructed a basin lake to hold more water on the land during the wet season. The restoration was a joint project between Conservation 20/20, the South Florida Water Management District and the Florida Department of Transportation. Additionally, the preserve includes a

portion of an abandoned railroad grade that once transported military supplies to the former Buckingham Army Air Field during World War II.

The preserve is located at 11400 Lockett Road in Fort Myers. The public entrance provides a large parking area for vehicles and equestrian users. Parking and entrance are both free.

Visit www.conservation2020.org to download trail maps or call 533-2221 for more information.*

County Utilities Ends Free Chlorine Flush

Lee County Utilities on Tuesday, May 29, ended the free chlorine flush, which involved converting its disinfection process from a free chlorine residual back to chloramines as the primary disinfectant.

The free chlorine flush, which began May 1, is a routine measure common among water utilities that use chloramines as a primary disinfectant.

Although the conversion of disinfection begins on May 29, it will take about one week for the service area to be converted from a free chlorine residual to chloramines.

Customers can contact the Lee County Utilities office 8 a.m. to 5 p.m. weekdays at 533-8845 with any questions.*

Help SCCF Bring Back the Barn Owls

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Or consider not using any rat poisons at all. Instead, seal all entry points to your home.



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First place winner Team Costa with Caloosahatchee Cowboy Charters photo provided

'Ding' Tarpon Tournament Breaks Records

The 7th annual "Ding" Darling & Doc Ford's Tarpon Tournament on May 11 topped previous years' fundraising efforts by netting \$120,000 from tournament sponsorships, donations and silent auction proceeds to benefit the JN "Ding" Darling National Wildlife Refuge.

The tournament also broke the record for fish caught, set in the first year of the tournament. Anglers photo-recorded 49 tarpon catches this year, compared to as few as two and as many as 39 in the previous six years.

The 2018 tournament paid out \$29,300 in prizes to five winning teams out of the 55 registered teams. The first place prize of \$13,185 went to Team Costa with Caloosahatchee Cowboy Charters members – including Capt. Josh Constantine, Chris Magnano, Kyle Potts and Chris Mills – for catching six fish total.

"It was a great day of fishing," said Constantine, who pulled in three of the team's fish. "Catching a giant tarpon, that's good every time."

Four teams caught four tarpon each to take the remaining four cash prizes, ranked according to when they recorded their first tarpon catch of the day. Team Doc Ford's pulled in the day's second tarpon at 7:31 a.m., nabbing the second-place award of \$7,325. Team Mabry Electric won \$4,395 for third place; Team Barker Boatworks, \$2,930 for fourth place; and Team Captiva Cruises, \$1,465 for fifth place.

Awards were also given for female angler to Deb Powers from Team Fishin' Divas, senior angler to Brian Bartholomew from Team Poondoggers, amateur team to Team On Island, and others who caught fish that day.

"One hundred percent of the anglers' registration fees goes to the awards purse," said tournament organizer Birgie Miller, executive director of the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). "That's why our sponsorship partners are so important to us. They pay the costs for putting on the tourney and contribute to the charity proceeds."

DDWS organizes the annual tournament with Doc Ford's Rum Bar & Grille of Sanibel Island, Fort Myers Beach and Captiva Island as the title sponsor. Tournament social events took place at the Fort Myers Beach location.

"To date, the tarpon tournament has raised nearly \$450,000 for refuge water research, wildlife research and education," said Miller. "We can't thank Doc Ford's enough for their incredible show of support these past seven years. They've already committed for the 2019 tourney, which will take place next May, the date to be determined by choice of the winning team."

"We are so grateful for this fundraiser, because not only does it add much-needed dollars to the refuge budget, it also supports our conservation mission," said supervisory Refuge Ranger Toni Westland. "Plus, it is an opportunity to remind anglers, both professional and amateur, about the importance of ethical and responsible fishing."

For more information on the tournament and this year's winners, visit www.dingdarlingtarpontourney.org.

Tournament sponsors for 2018 include Title Sponsor: Doc Ford's Rum Bar & Grille; Champion Sponsors: Nimrod, Raiser's Edge; Premier Sponsors: Mark and Gretchen Banks, Diversified Yacht Services; Presenting Sponsors: Custom Tees, Gasparilla Vacations, Joseph M. Kelley Plumbing & Heating, Stockyard Bricks; Platinum Sponsors: Captiva Diva, Congress Jewelers, Mabry Brothers, Inc., Organized Chaos, Suncoast Beverage Sales; Gold Sponsors: Andrew Thompson Co., Fort Myers Marine, HighTower Advisors, The Historic Bait Box, Island Condo Maintenance, *Island Sun/The River Weekly News*, Jensen's Marina, Law Office of Christopher G. Hill PC, Law Office of Janet M. Strickland PA, Media Source, Misty Wells' "Let's Take It Outside," *Nautical Mile Magazine*, On Island, RS Walsh Landscaping, Shell Point Retirement Community, Trophy Case of Fort Myers, Whitney's Bait & Tackle, Wilbur Smith Attorneys at Law; Silver Sponsors: Anisa Stewart Jewelry, Bailey's General Store, *Florida Weekly*, Fort Myers Brewing Company, Gresham Family, Gulf Star Marina, Island Inn, *Island Sand Paper*, Must Do Visitor Guides & MustDo.com, Peter and Barb Rogers, Sanibel Captiva Community Bank, Semmer Electric/Bonita Bill's Waterfront Cafe, Tarpon Bay Explorers.*

Snook, Amberjack And Triggerfish Seasons Close

The recreational harvest of snook in Atlantic state and federal waters is closed as of June 1. Snook is also currently closed for harvest in Gulf of Mexico state and federal waters, and will reopen for harvest statewide on September 1.

The recreational harvest of greater amberjack and gray triggerfish in Gulf of Mexico state and federal waters closes June 1 and will remain closed through July 31, reopening August 1. Seasonal harvest closures help conserve Florida's valuable greater amberjack and gray triggerfish populations and improve these fisheries for the future.

Unique to the region, snook are one of the many reasons Florida is the Fishing Capital of the World. Seasonal harvest closures and anglers using proper handling methods when practicing catch-and-release help conserve Florida's valuable snook populations and can ensure the species' abundance for anglers today and generations to come. Anglers can report their catch on the Snook and Gamefish Foundation's website at www.snookfoundation.org by clicking on the "Angler Action Program" link in the bar at the top of the page.

Learn more about recreational fishing at www.myfwc.com/fishing by clicking on "Saltwater Fishing" and "Recreational Regulations."*

Over 15,000 Lionfish Removed From State Waters

More than 15,000 lionfish were removed from Florida waters thanks to several tournaments held across the state focused on targeting the invasive species. Five of those fish were tagged previously by Florida Fish and Wildlife Conservation Commission (FWC) staff as part of the 2018 Lionfish Challenge, a removal incentive program that started May 19 on Lionfish Removal and Awareness Day.

"This is an amazing showing for the fourth annual Lionfish Removal and Awareness Day weekend and surrounding events," said Jessica McCawley, director of FWC's Division of Marine Fisheries Management. "Lionfish were removed via tournaments and the FWC's incentive program, and the public got to learn firsthand about lionfish and what they can do to help at festivals like the one in Perdido Key held by the FWC and Coast Watch Alliance, as well as various other partners."

The Lionfish Challenge runs through September 3. More than 200 people have already registered to participate in the statewide challenge, which rewards lionfish harvesters with prizes for their lionfish removals, tagged or not. The tagged lionfish component is new this year and includes cash prizes up to \$5,000. Lionfish were tagged at 50 public artificial

reefs across the state. Harvesters who caught the five tagged fish took home cash prizes up to \$2,500 and non-cash prizes as well. All five tagged fish were caught off Escambia County.

Sign up and learn more at www.myfwc.com/lionfish.

The FWC thanks all of the sponsors and organizations across the state that helped make this Lionfish Removal and Awareness Day event a success.

Lionfish and other exotic pets that can no longer be cared for should never be released into Florida waters or lands. To learn more about where to surrender an exotic pet for adoption, visit www.myfwc.com/wildlifehabitats and click on "Nonnative Species" and "Exotic Pet Amnesty Program."

Statewide lionfish events removal totals include: 9,606 – Lionfish World Championship, Pensacola; 4,056 – Lionfish World Championship Pre-Tournament, Pensacola; 1,490 – Lion Tamer Tournament, Panama City Beach; 231 – Florida Skin Divers Association Lionfish Calcutta, St. Petersburg.*

Gag Grouper Season Opens In Gulf Waters

Gag grouper is now open for recreational harvest in most state Gulf of Mexico waters and all federal gulf waters. The season is from June 1 through December 31.

Franklin, Wakulla, Taylor and Jefferson counties are excluded from this opening because they have their own season from April 1 to June 30 and September 1 to December 31. Monroe County is also excluded from this season because it follows the Atlantic state season.

Gulf state waters are from shore to nine nautical miles. Federal waters begin where state waters end and extend to 200 nautical miles.

The minimum size limit for gag grouper in gulf waters is 24 inches total length, and the daily bag limit is two fish per person within the four grouper per person aggregate limit.

If you plan to fish for gag grouper in gulf state or federal waters from a private recreational vessel, you must sign up as a gulf reef fish angler (annual renewal is required). To learn more, visit www.myfwc.com/fishing and click on "Saltwater Fishing," "Recreational Regulations" and "Gulf Reef Fish Survey" under "Reef Fish." Sign up today at www.gooutdoorsflorida.com.

State for-hire operators that do not have a federal reef fish permit and plan to target gag in state waters must have the State Gulf Reef Fish Charter designation on their license. Learn more at www.myfwc.com/fishing by clicking on "Saltwater Fishing," "Recreational Regulations," "Snappers," and "Learn more." Sign up at no cost by going to your local tax collector's office.

Learn more about grouper at www.myfwc.com/fishing by clicking on "Saltwater Fishing," "Recreational Regulations" and "Groupers."*



Karen Ryan photos provided

Keith Ruebeling

Will Prather

Women In Business Meeting

The Greater Fort Myers Chamber of Commerce Women in Business Committee (WIB) will host its June networking meeting at Wayne Wiles Floor Coverings on Wednesday, June 6 from 4 to 6 p.m. The meeting's focus will be on hurricane preparedness while providing open networking for local professionals. Three local business professionals will share their real-life

experiences and lessons learned from Hurricane Irma. The panel will give valuable insight on what kinds of things you either should or shouldn't do, in both your business and home life, when preparing for the worst-case scenario.

Franco's will cater the event. There will be a 50/50 raffle, as well as a raffle for a hurricane preparedness kit donated by sponsor Wayne Wiles Floor Coverings.

The panel members include Karen Ryan, public relations manager for LCEC; Keith Ruebeling, president/

owner of Larue Pest Management; and Will Prather, executive producer/owner of Prather Productions.

The non-profit spotlight will highlight the Southwest Florida Community Foundation. All business professionals are invited to attend. Admission is \$10 for Greater Fort Myers Chamber of Commerce (GFMCC) members and \$20 for future GFMCC members.

Wayne Wiles Floor Coverings is located at 16240 South Tamiami Trail in Fort Myers. To register, call 332-3624 or visit www.fortmyers.org.

Interim Director Appointed

Michele Hylton-Terry has been appointed as interim executive director for the Fort Myers Community Redevelopment Agency (CRA). The CRA leads redevelopment and revitalization of the city's most blighted areas.

Hylton-Terry started at the CRA in 2003 and most recently served as the agency's redevelopment manager where she led efforts to restore historic McCollum Hall and has overseen redevelopment initiatives in the Dr. Martin Luther King, Jr. Boulevard, Dunbar/Michigan areas and the former Velasco Village redevelopment area. She also managed the CRA's Commercial Corridor Grant Programs and the city's parking operations.

Hylton-Terry holds a bachelor of science in information systems from Hodges University and a master of public administration from Barry University. She has completed advanced training from the Florida League of Cities' Institute for Community and is a certified redevelopment administrator from the Florida Redevelopment Association.

"I am honored and excited to serve the citizens of Fort Myers in this capacity. I look forward to continuing to work with our staff, advisory board and the board of commissioners to achieve the goals and objectives of the CRA," she said.

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VITA site coordinators, from left, Vicki Riley, Bruce Morrealle, George Wolndolowski, Rita Tibbetts, Nancy Martin, Mary Meador, Stan Heath, Dave Machamer, Giancarlos Castano and Maricel Morado photo provided

Over \$6.5 Million In Refunds Talled From Tax Program

The United Way of Lee, Hendry, Glades, and Okeechobee provided high quality tax preparation services to nearly 4,800 low to moderate income households completely free of charge in Lee, Hendry, Glades, Okeechobee and Charlotte counties for the 2017 tax year. Refunds to those using the free service totaled over \$6,538,907 showing a 15 percent increase over last year.

United Way Volunteer Income Tax Assistance (VITA) is a free tax filing service that helps provide financial stability to working individuals and families making \$66,000 or less. This year, 170 volunteers were trained and certified in partnership with the IRS and served at United Way Houses and various locations during the tax season. Appointments are still available to file a 2017 return at the Estero-San Carlos, LaBelle and Lehigh United Way houses. Those who prefer to file on their own can do so free of charge at www.myfreetaxes.com.

Cliff Smith, president of the United Way, said about the program, "One of the steps to becoming financially stable is avoiding spending money unnecessarily and taking advantage of all tax benefits available. Our free tax assistance sites help families maximize their tax credits

and use them to make ends meet or save for the future. The VITA program and myfreetaxes.com saved our local tax filers approximately \$1.1 million in preparation fees this season."

"The great numbers don't tell the full story of the effect of this service," said VITA preparer Jim Brunco. "I was assisting a widow on food stamps who was overwhelmed by the fear of filing a tax return. While preparing her return, we saw she was making a substantial amount of money from dividends which she didn't realize, and encouraged her to call her brokerage account where she found she had additional funds to live on."

"We were sitting face to face with a single mom who told us that she had recently lost her job, and her son was a student at Florida Gulf Coast University (FGCU). We told her she was getting a tax refund of about \$2,500. Her eyes filled up with tears of joy and relief. Then she said, 'you made my day, no, you just made my year'."

The United Way will be recruiting volunteers to serve as tax preparers, greeters and interpreters for the 2018 tax year over the next few months. Volunteers will complete free classroom and online tax preparation training and certification using the TaxSlayer software. To join, visit www.unitedwaylee.org/become-vita-volunteer.

For more information, call United Way at 433-2000 or visit www.unitedwaylee.org.*

Panelists To Discuss Building A Cohesive Team

Assembling the right team of employees for your business and making them gel into one cohesive unit can be tricky. Making the processes a little easier are the topics of the June Above Board Chamber of Florida luncheon meeting at the Crowne Plaza Fort Myers on Thursday, June 14 from 11:30 a.m. to 1 p.m.

Once you've hired the right team, it's time to build the right culture. Far too often, a business owner does not choose a culture and one develops without the traits that the owner desires. This can ultimately lead to fewer clients and less business. Attendees will get a better understanding

of how to build the right company business culture.

The panelists include Jeff Mulder, executive director of Lee County Port Authority; Mike Kiser, vice president ASMB recruiting, Gartner; and Florice Hodges, community outreach and network marketing for Best Homes Services. Steve McQuilkin, storytelling coach at the New-Press Media Group, will emcee.

Cost to attend on or before June 7 is \$29 for members and \$34 for non-members. After June 7, it's \$32 for members and \$38 for non-members.

The Crowne Plaza Fort Myers at Bell Tower is located at 13051 Bell Tower Drive. Register at www.aboveboardchamber.com or call 910-7426. Non-members are encouraged to attend two meetings and consider joining. To become a member, call Jeanne Sweeney at 910-7426.*

LeeTran Driver Earns Top Award At Competition

Lee County employee Chris Cowles recently captured a state competition for transit drivers and now advances to the national competition in Pittsburgh, Pennsylvania on June 9.

Nearly 100 transit representatives from more than 30 different public and private transit systems competed April 28 to become the State of Florida's new Triple Crown Bus Rodeo Champions. Cowles, a LeeTran ADA Paratransit driver, earned first place in the Cutaway Operator Driving Division.

This is the fourth consecutive year Cowles has earned this award, and the sixth consecutive year a LeeTran ADA Paratransit driver has come away with the top designation. Cowles was the first LeeTran driver to win the Rodeo six years ago.

Cowles now will experience an all-expense paid trip to the international competition at which he will represent the State of Florida at the National Community Transit Rodeo.

"We are proud of Chris as well as the other members of the LeeTran team who represented us at the

competition," said Steve Myers, director of Lee County Transit. "LeeTran is lucky to have talented operators and technicians on our staff, and Chris is a wonderful example of the immense skill our drivers possess. Not only is Chris an expert driver, but also exudes the customer service skills we pride ourselves on here at LeeTran."

LeeTran also was represented by other team members who are among the best in their field: Robert Paxton in the Fixed Route division; and Sam Cavanaugh in the Paratransit Maintenance division.

The Florida Triple Crown Rodeo brings together employees from paratransit operations, fixed-route operations and the maintenance divisions for an unparalleled learning event. The Rodeo is more than a competition of driving skills and maintenance disciplines; it is an exceptional training and networking opportunity for everyone in attendance. This year's event took place in Daytona Beach and was hosted by Votran, Volusia County's public transit system.

The 2018 Triple Crown Bus Rodeo was held in partnership with the Florida Public Transportation Association (FPTA), the Florida Rural Transit Assistance Program (RTAP), the Florida Department of Transportation (FDOT) and the Florida Association of Coordinated Transit Systems (FACTS).*

FSW Assistant Vice President Named

Keith Callaghan has been named the assistant vice president for economic development and external affairs for Florida SouthWestern State College (FSW).

"Keith is a great addition to our college, and he brings a wealth of experience in the areas of raising community awareness and financial support," said Dr. Robert R. Jones, vice president, economic development and external affairs at FSW.

In his role, Callaghan will be responsible for community outreach and economic development efforts for the college, with a focus on Charlotte County. Prior to joining FSW, he was the community liaison for Lee Health Foundation and Golisano Children's Hospital. His Florida career also includes development director positions with Edison State College (now FSW), Florida Gulf Coast University, and the Conservancy of Southwest Florida.

He is involved with many local charities and serves on the boards of the Fred Lang Foundation, Charlotte Behavioral Health Care, the Boys and Girls Club of Charlotte County, Crossroads Hope Academy, the Punta Gorda Chamber of Commerce and



Keith Callaghan photo provided

the Visual Arts Center Endowment Trust. He has served as a mentor in the Take Stock in Children program and volunteers for the Animal Welfare League, United Way and Leadership Charlotte (Charlotte County Chamber of Commerce). He also has served on the Charlotte County Community Health Improvement Partnership and School Health Advisory committees.

Visit www.fsw.edu for more information.*

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Risk And Counsel Director To Speak At Conference

Susan Marcy, Florida SouthWestern State College's director of risk and counsel, will be presenting at the annual conference of the National Association of College and University Attorneys in Minneapolis from June 24 to 27.

She will join fellow attorneys Daniel J. McNulty of Carnegie Mellon University and Chris J. Melcher of Augusta University to lead a discussion group entitled Outwit, Outlast, Outplay: A Group Strategy Session on Surviving Campus Contracts. The session will offer attorneys in higher education with practical insight and advice for creating and negotiating contracts in higher education.

The association has more than 1,800 institutional campus members and 4,500 attorney representatives. The annual conference is the highlight of the association's educational offerings with



Susan Marcy photo provided
more than 1,700 attendees at last year's conference.

For more information, visit www.fsw.edu.✪

Attorney Named Co-Chair Of Legal Section

Attorney Jennifer J. Hammond of Green Schoenfeld & Kyle LLP has been appointed co-chair of the Lee County Bar Association's Real Property, Probate and Trust Law Practice Section.

Hammond has nearly 20 years of business and legal experience. Her focus areas include estate planning, trust administration, taxation, probate, corporate, business and partnership law and wealth preservation. Prior to joining the firm, she was a business consultant in Baltimore, Maryland, Washington DC and London, England. Hammond is a member of the Florida and Lee Bar Associations, as well as the American and Maryland Bar Associations.

Hammond is joined by Kenneth Kemp as co-chair.



Jennifer Hammond photo provided

For more information, visit www.gskattorneys.com.✪

Financial Focus

How Can You Meet Short-Term Goals?



by Jennifer Basey

Why do you invest?

If you're like most people, you'd probably say that, among other things, you want to retire comfortably. Obviously, that's a worthy long-term goal, requiring

long-term investing. But as you journey through life, you'll also have short-term goals, such as buying a second home, remodeling your kitchen or taking a much-needed vacation. Will you need to invest differently for these goals than you would for the long-term ones?

To answer that question, let's first look at how you might invest to achieve your longer-term goals. For these goals, the key investment ingredient is growth – quite simply, you want your money to grow as much as possible over time. Consequently, you will likely want a good percentage of growth-oriented vehicles, such as stocks and other stock-based investments, to fund your 401(k), IRA or other accounts.

However, the flip side of growth is risk. Stocks and stock-based investments will always fluctuate in value – which means you could lose some, or even all, of your principal. Hopefully, though, by putting time on your side – that is, by holding your growth-oriented investments for decades – you can overcome the inevitable short-term price drops.

In short, when investing for long-term goals, you're seeking significant growth and, in doing so, you'll have to accept some degree of investment risk. But when you're after short-term goals, the formula is somewhat different: You don't need

maximum growth potential as much as you need to be reasonably confident that a certain amount of money will be there for you at a certain time.

You may want to work with a financial professional to select the appropriate investments for your short-term goals. But, in general, you'll need these investments to provide you with the following attributes:

Protection of principal – As mentioned above, when you own stocks, you have no assurance that your principal will be preserved; there's no agency, no government office, guaranteeing that you won't lose money. And even some of the investments best suited for short-term goals won't come with full guarantees, either, but, by and large, they do offer you a reasonable amount of confidence that your principal will remain intact.

Liquidity – Some short-term investments have specific terms – ie, two years, three years, five years, etc – meaning you do have an incentive to hold these investments until they mature. Otherwise, if you cash out early, you might pay some price, such as loss of value or loss of the income produced by these investments. Nonetheless, these types of investments are usually not difficult to sell, either before they mature or at maturity, and this liquidity will be helpful to you when you need the money to meet your short-term goal.

Stability of issuer – Although most investments suitable for short-term goals do provide a high degree of preservation of principal, some of the issuers of these investments are stronger and more stable than others – and these strong and stable issuers are the ones you should stick with.

Ultimately, most of your investment efforts will probably go toward your long-term goals. But your short-term goals are still important – and the right investment strategy can help you work toward them.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✪

Superior Interiors

Most Common Decorating Mistakes To Avoid



by Linda Coin

Beginning

Without a Plan – Prior to beginning any decorating project, take time to determine your priorities, your timing, your budget and your goals. Don't forget function

while creating your "look." The plan will serve to keep you on track during the process.

Painting First – Painting is the first thing you do after your plan is in place, but paint color is the last thing you select. Painting walls prior to selecting the colors for your furnishings and flooring severely limits your color selections on everything else. For beautiful color harmony, pull your wall and ceiling paint colors from your fabric and flooring selections.

Incorrect Scale and Balance – One of the most important design principles is scale. Furniture that was appropriate in another home with 8-foot ceilings may look like toy furniture in your new home with 14-foot ceilings. Each piece of furniture should be in scale with the rest of the pieces in the room, and to the overall size and proportion of the room.

Out of Control Clutter – Whether it is collections, family pictures, throw pillows or faux greenery, too much of anything is simply clutter. Select and display only a few important things and store the rest. Rotate items into your scheme later, if you wish. Less is definitely more.

Furniture Mistakes – Too large, too small, too delicate, too "chunky" or just the wrong look for the space. These mistakes can be very expensive and throw off your plan.

Falling for Fads – Fads are fun and fresh... but also fleeting. Satisfy your whimsy with small purchases such as a wildly printed throw pillow, or an eye-catching piece of wall art that can be easily and inexpensively replaced when you tire of them.

Palette – The gorgeous color matches and mixes you've enjoyed for the last few seasons are probably on their way out. Avoid the mistake of choosing fabrics and paints that will begin to look old before their time.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecaden.com.✪

From page 8

Along The River

feature hurricane preparedness items.

For more information, contact Chris Forbes at christine@shellfactory.com or 246-6364.

Broadway Palm Dinner Theatre will present **An Evening with Kevin Nealon**, a comedy benefit for Hope Hospice this Tuesday, June 5. Dinner begins at 5:30 p.m., followed by a 7:30 p.m. show.

A beloved comedian and *Saturday Night Live* alumni, Nealon will entertain Hope supporters with a family-friendly standup performance. With Nealon's generosity, and the support of Broadway Palm and the community, 100 percent of the event proceeds will benefit Hope Hospice.

Tickets are \$65, and Meet-and-Greet tickets – which include preferred seating and the opportunity to meet Nealon at a private, pre-event reception – are available for \$150. To purchase general admission tickets, visit www.broadwaypalm.com or call 278-4422. To purchase a Meet-and-Greet ticket, visit www.donate.hopehcs.org/kevinwww.hopehcs.org/Kevin.

Broadway Palm Dinner Theatre is located at 1380 Colonial Boulevard in Fort Myers. For more information, call 482-4673 or visit www.hopehcs.org.✪

Book Review

Call Me Zebra

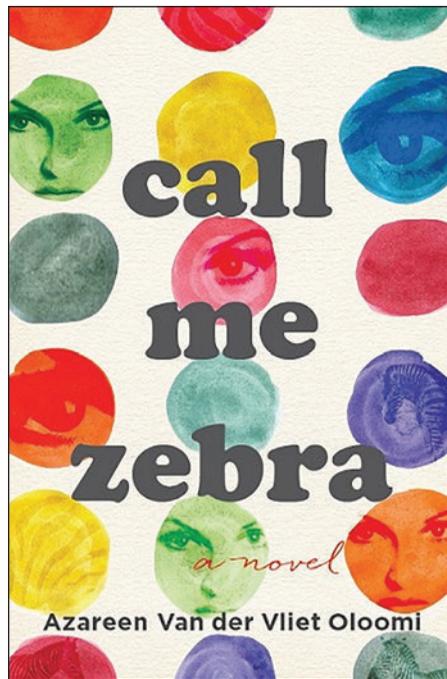
by Di Saggau



Call Me Zebra by Azareen Van Der Vliet Oloomi, is a brilliant, demented and bizarre book that demands all the attention a reader might dare to give it, and there are definitely

rewards for reading it. In this delightful novel, 22-year-old Zebra is the last in a long line of "Autodidacts, Anarchists, Atheists" exiled from early '90s Iran. As the book begins, her name is Bibi Abbas Abbas Hosseini, a tragicomic heroine who was raised in Iran during the height of the Iraq War. Bibi fled with her parents, and now more than 10 years later, with both her parents dead, Bibi seeks a new mentor, vocation and identity. The Zebra, she muses, is "an animal striped black-and-white like a prisoner of war; an animal that rejects all binaries, that represents ink on paper;" it's a name fit for an outsider, and she takes it as her name.

When she was born, her father whispered to her, "Love nothing except literature." He said, "Literature reveals the lies and the hypocrisy of the world. It is the only true record. After I am gone, you will be the last remaining scribe of the future." Zebra decides to honor her ancestors and make a "Grand Tour of Exile" through the Old World. In Barcelona she confronts the intellectual, spiritual and moral residues of colonialism and capitalism. She meets an Italian philologist named Ludo Bembo who intrigues her. He is someone she sometimes falls in love with. Their love affair forces Zebra to confront the way she uses literature to both separate and connect herself to the world and to others. Her life and mind are stuffed with literature. Her memorization skills are amazing.



Call Me Zebra is fiction but it's full of complex ideas and uses philosophy to clarify and amplify the human story. Zebra says, "More than anything else in the world, I felt the need to record the uselessness of my family's suffering." Saddam Hussein was the despot who ultimately displaced her father and mother. Zebra decides to revisit some of the places where she has lived in order to retrace her family's dislocation and to compose a grand manifesto on the meaning of literature. Don Quixote is one of her favorite characters. She is obsessed and relentless and in hilarious ways, very hard to handle.

The greatest thing about *Call Me Zebra* is how funny it is. Zebra's ferocious intellect and razor-sharp wit help her survive and keep the reader immensely entertained. She constantly quotes great writers of the past. In fact, almost every time she opens her mouth she is quoting a line from a book. She's the smartest narrator I've encountered this year. *Call Me Zebra* is like nothing else I've read. It's refreshing, funny and an excellent read.✧

School Smart

by Shelley M. Greggs, NCSPE



Dear Readers, Now that summer is upon us, there is more time to play outside with your children. A typical playground provides lots of opportunities

for great fun as well as for physical and intellectual development of your children. Below is some information about play and the developmental process.

Swinging, a basic playground activity, is one of the very best activities for children's development in many areas. It helps with balance and teaches

them to know where their body is in space, which is important for successful vestibular development. It also provides practice with fine motor skills like gripping the chain, gross motor skills such as pumping their legs to swing higher and coordination. Swinging helps the brain to figure out speed and direction.

Climbing playground equipment and even climbing trees can help with children's motor planning and flexible thinking (to think about something in a new way). In order to climb, children need to build an awareness of where their body parts are and what they can do with them. Climbing helps them understand and experience spatial directions like up, down, left and right. Climbing also encourages problem solving and predicting what's going to happen. For example, your child may wonder, "Where should my right foot go next? How will I get down from

the top?" This kind of problem-solving can help on the playground and in the classroom.

Playing on overhead equipment, like monkey bars, helps children develop both fine and gross motor skills. Practicing small movements like gripping the bar as well as big movements such as swinging from one bar to the next develop strength, balance and practice coordination.

Free play from organized games to just running around with other kids is great. Free play helps children learn to communicate with other kids and practice conversation and vocabulary. Playgrounds can teach children how to follow and change rules, share and take turns. Social interactions on the playground can help children learn and practice social cues like body language and tone of voice.

No matter the game, be it kickball, tetherball, or the activity like swinging, climbing or just free play, a great deal of children's development occurs through play. As children figure out how to hold on to and climb playground equipment, manipulate, throw or kick a ball, they are practicing very important fine and gross motor and coordination skills. As they develop strategies about play, where to put their feet next or whether it's time to run to the next base, they're working on critical thinking and problem-solving. Learning through playing is a great way to help your child develop. Have fun at the playground this summer!

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✧

From page 1

GreenMarket

Paradise Eco Farm; Robert Pascuzzi, owner of Brisket Brothers restaurant in Fort Myers; Ana Escalon, SOL Urban Farm; and Gina Ortiz, Gina's Tamales and Oaxacan Cuisine. Recipes will be vegetarian, although eggs and dairy products may be used. Each workshop will feature as many local ingredients as possible, all of which are available at the GreenMarket.

Although workshops are free, small donations are welcomed. The Alliance for the Arts GreenMarket promotes local growers, bakers and artisans. Workshops are rain or shine on the Alliance grounds or inside a classroom if weather is inclement.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org/greenmarket.✧

Available at
www.AMAZON.COM
www.EDITORIALRXPRESS.COM

Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Everblades Vie For Championship And Possession Of The Kelly Cup



by Ed Frank

You will have the opportunity this weekend to witness championship hockey at Germain Arena as the Florida Everblades take on the Colorado Eagles in the finals of the ECHL and the honor of taking home the Kelly Cup.

As we wrote this column early this week, the best-of-seven game finals was tied one game apiece with the home town Everblades splitting the first two games last week with the Eagles in Loveland, Colorado.

After losing the first game of the finals 3-1, the Everblades bounced back with an exciting 4-3 victory last Friday when Mitchell Heard scored a dazzling goal with 36 seconds remaining in

regulation to tie the series.

The Kelly Cup Finals moved back here to Germain Arena this week for Games 3, 4 and 5 starting Wednesday night. Game 4 is tonight, Friday night, at 7:30 p.m. and Game 5 Saturday night at 7 p.m. Tickets are available online at Ticketmaster or at the Florida Community Bank box office located at Germain.

If a Game Six is necessary, it will be played back in Colorado next Wednesday night, and if the title clash becomes tied at three games each, the seventh and deciding game will be skated here Saturday night, June 9.

Tough Season For Local Baseball Team

Historically, the Fort Myers Miracle baseball team, the Advanced A farm team of the Minnesota Twins, has been a winning team. That is not the case this year.

As the week began, the Miracle had a season record of 18-28 and found themselves in last place in the Florida Gulf Coast League South Division, 11-1/2 games behind first-place Jupiter.

The Miracle is home at Hammond Stadium for one game Saturday, to complete the May 9 suspended game with St. Lucie. Game time is 4 p.m. The team returns Monday for a seven-game home stand, four with Palm Beach and three with Dunedin.

Confusing Move By Red Sox – Or Was It?

Local Boston Red Sox fans, and many others, could be confused by the move to designate for assignment first-baseman Hanley Ramirez. He was having a respectable year batting a decent .254 with 29 RBIs.

The complicated deal involves millions of dollars was engineered by David Dombrowski, president of baseball operations for the Red Sox. On the surface, it was announced that the move makes room for the return to the roster of infielder Dustin Pedroia who has been injured. However, a vesting option in Rameriz' contract calls for a payment of \$22 million next year if he gets a certain amount of at-bats this year.

Instead, the Red Sox chose to eat most of his 2018 contract of \$15.25 million. A team apparently can pick up Ramirez, with the Red Sox paying the prorated remainder of his 2018 salary. The move has been criticized by many Red Sox fans.*

Swing Into Summer Golf Tournament

Swing on over to the 2nd annual Summer Golf Tournament at the Spring Run Golf Club on Friday, June 8. Enter your foursome for \$350 or enter individually for \$100 and you will be placed on a team. Price includes a round of 18 holes and a barbecue-style lunch, as well as raffle prizes, giveaways, and \$10 mulligans! Anyone can enter a team of 4

players, but space is limited.

Trophies will be awarded for first-, second- and third-place winners as well as for the individual who is closest to the pin and longest drive. This event is open to the public.

If you are a Fort Myers Beach chamber member, there is an array of sponsorship opportunities available.

The Spring Run Golf Club is located at 9501 Spring Run Boulevard in Bonita Springs. For more information, download an application at www.fortmyersbeach.org/events/ssgt2/. For questions, call 454-7500 or email Lexie at events@fmbchamber.com.*



Fort Myers GrouperS Jersey image provided

Miracle To Change Team Name For Game

The Fort Myers Miracle are paying homage to Southwest Florida's favorite fish by changing the team's name to the Fort Myers GrouperS.

Miracle fans can breathe a sigh of relief... it's only for one game.

On Saturday, July 21, the team will debut its flashy new Fort Myers GrouperS uniforms, which consist of navy blue jerseys with gold and red numbering and lettering. Navy hats with a red bill will feature a cartoon-like fish stuffed between a hamburger bun, topped with lettuce and a tomato.

"We wanted to come up with something special and fun for this season that also connected us to the community," said Chris Peters, president and general manager of the Fort Myers Miracle/GrouperS. "Grouper has long been a popular menu item at restaurants all along Southwest Florida's coast, so we thought, why not have a little fun and change things up a bit?"

Hammond Stadium's near-legendary culinary team, which developed beer shakes, bacon-wrapped hot dogs and pancake burgers, will be whipping up grouper specials in the concession stand.

Grouper is an abundant fish off Southwest Florida's coast and is a popular entrée because of its mild, subtle flavor. It can be served blackened, fried or grilled. Mid-summer is considered the height of the grouper fishing season.

Fans can now purchase GrouperS T-shirts in the Miracle team store. GrouperS hats will be available in mid-June.

July 21, which will mark the team's 100th game of the season and 26th consecutive day with a baseball game, features an abundance of promotions, including: Bark in the Park; Torii Hunter Bobblehead Night; and Goodwill Night. First pitch is 6 p.m. against the Lakeland Flying Tigers. General admission tickets start at \$7.50 in advance or \$9 on game day.

For more information about baseball tickets and promotions, call 768-4210 or visit www.miraclebaseball.com.*

SPORTS QUIZ

1. When was the last time before 2017 that the Philadelphia Phillies hit three consecutive homers in a game?
2. Name the last major-league player before Colorado's Charlie Blackmon in 2017 to lead off two consecutive games with a triple.
3. Before 2016, when was the last time the Oakland Raiders had a winning record for an NFL season?
4. When was the last time a men's college basketball team west of the Mississippi won the NCAA Tournament?
5. Name three of the four NHL players to have scored 600 or more career goals in fewer than 1,000 games.
6. Who are the only three drivers to have won a NASCAR Cup championship at age 43 or older?
7. In 2017, Venus Williams became the oldest finalist (37) at the year-end WTA Finals. Who had been the oldest?

ANSWERS

1. It was 2008, when Chase Utley, Ryan Howard and Pat Burrell did it. 2. Miami's Jose Reyes, in 2012. 3. It was 2002. 4. Kansas, in 2008. 5. Wayne Gretzky, Mario Lemieux, Brett Hull and Alex Ovechkin. 6. Bobby Allison (age 45 in 1983), Dale Earnhardt (43 in 1994) and Lee Petty (45 in 1959). 7. Martina Navratilova was 36 when she reached the championship of the WTA Finals in 1992.



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Sebastian Lopera photo provided

Local Navy Man Serves On Attack Submarine

by Kayla Turnbow, Navy Office of Community Outreach

Fort Myers native Seaman Sebastian Lopera is serving in the U.S. Navy aboard one of the Navy's newest attack submarines, USS Hawaii.

The 2015 Lee High Senior High School graduate works as an electronics technician (navigation) serving aboard the Pearl Harbor-based submarine, one of 56 fast attack submarines in the U.S. Navy. A Navy electronics technician (navigation) is responsible for troubleshooting, repairing and replacing computer and electronic systems.

"Growing up, my father always said 'there are two ways to live life, the easy route and the hard route,'" said Lopera. "You try to work hard in the beginning

then cruise toward the end, or else you can slack off in the beginning and have to work harder in the end."

Jobs are highly varied aboard the submarine, according to Navy officials. Approximately 130 men and women make up the submarine's crew, doing everything from handling weapons to maintaining nuclear reactors.

Navy officials explained that attack submarines are designed to hunt down and destroy enemy submarines and surface ships; strike targets ashore with cruise missiles; carry and deliver Navy SEALs; carry out intelligence, surveillance and reconnaissance missions; and engage in mine warfare. Their primary tactical advantage is stealth, operating undetected under the sea for long periods of time.

"Our submarine teams are small, elite and rely heavily on extraordinary individual performance," said Rear Adm. Daryl L. Caudle, commander, Submarine Forces, U.S. Pacific Fleet. "It is no surprise that our sailors continue to set the standard for excellence, and the country continues to be well-served by their service and sacrifice. I couldn't be more proud to lead this professional fighting force."

According to Navy officials, because of the demanding environment aboard submarines, personnel are accepted only after rigorous testing and observation. Submariners are some of the most highly trained and skilled people in the Navy. Regardless of their specialty, everyone has to learn how everything on the ship works and how to respond in emergencies to become "qualified in submarines" and earn the right to wear the coveted gold or silver dolphins on their uniform.

"I am the first in my family to serve in the military," said Lopera. "It is very humbling to be the first. My family feels honored that I serve in the military. I am carrying on their name and making a legacy for us."*

FSW Secures Training Grant For Arthrex

Florida SouthWestern State College (FSW), the State Fiscal Agent for Quick Response Training (QRT) grants, has secured a significant grant for Arthrex to train 269 new hires.

"This is a significant grant for Arthrex and our region," said Dr. Robert R. Jones, regional vice president economic and community development, FSW. "The funds will be used for proprietary supervisory and management training."

Arthrex is an orthopedic medical device company, and a leader in product development, medical education and a pioneer in arthroscopy, having developed thousands of products and surgical procedures in orthopedic medicine worldwide.

"Arthrex is very appreciative of our partnership with Florida SouthWestern State College and the state of Florida. The grant supports Arthrex's continued

growth and investment in southwest Florida," said Kathy Sparrow, senior vice president of human resources for Arthrex.

This is the second QRT grant awarded to Arthrex in the last two years. By working closely with CareerSource Florida in Tallahassee, and FSW's School of Business and Technology (SOBT), FSW has been successful in securing \$2.4M in QRT funds to train over 1,300 new hires since July 1, 2017. This funding not only directly benefits the companies receiving training funds, but also results in a local economic benefit through the multiplier effect. Since 2013, FSW has secured \$12M in QRT funding.

The QRT grant lasts for one year and is targeted on the highly customized training programs that companies need to improve the skill base of new hires. These programs can be instructed by specialists from the company itself or by one of the SOBT's extensive portfolio of private and internal subject matter experts.

Visit www.FSW.edu for more information.*

Free Summer Programs At Refuge



Hike with a refuge educator along Indigo Trail any Thursday morning this summer

photo provided

Wildlife Wonders talks, weekly walks and nature crafts highlight the free summer programs running June 6 through August 4 at the JN "Ding" Darling National Wildlife Refuge on Sanibel Island.

Summer programming is made possible by support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The schedule of weekly activities follows. No pre-registration is necessary.

Reading in the Refuge, every Wednesday at 10 a.m. – Attendees of each 45-minute reading-and-crafts session learn about a refuge animal and make a take-home craft related to it. Meet in the Visitor & Education Center classroom.

Indigo Trail Walk, every Thursday at 10 a.m. – Join refuge naturalists as they lead a one-hour tour to the Wildlife Education Boardwalk to identify and

continued on page 24

JOINT DAMAGE?



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Mental Health Expert Headlines SalusCare Lunch

Award-winning mental health expert Dr. Radu V. Saveanu of the University of Miami discussed the latest advances in mental health treatment at a special luncheon hosted by SalusCare on May 14.

More than 130 people attended Shattering the Stigma, which was presented in honor of Mental Health Month.

Dr. Saveanu and his colleagues assisted a local family as they struggled to find the correct mental health diagnosis for their young adult son. Through videos and honest first-hand accounts, Dr. Saveanu and the family shared the journey that ultimately led to a diagnosis of bipolar disorder.

About 5 percent of the U.S. population has bipolar disorder, although 40 percent of the cases go untreated, Dr. Saveanu said.

“Primary care physicians are the first ones to see patients with bipolar disorder. They see more patients with bipolar than psychiatrists do,” he stated.

Dr. Saveanu said bipolar disorder is treatable, although the illness may change over time requiring adjustments in medication. He encouraged everyone to talk about mental illness in the



Nick Clemons and Denise Jinkins
photos provided

community to shatter the stigma.

Dr. Saveanu is currently a professor and vice chairman for education in the University of Miami's Department of psychiatry and behavioral sciences. He has special expertise in psychotherapy and conducts clinical research in the treatment of mood and anxiety disorders. He received his medical degree from Tufts University Medical School. Prior to joining the University of Miami, he was chairman of the department of psychiatry at Ohio State University.✪



From left, Stacey Cook-Hawk, Gail White and Sue Ackert



Margie Jinkins and Valerie Ellermets



William Maley and Mandy Clemons



From left, Marshall Bower, Dr. Radu Saveanu and Stacey Cook-Hawk



John Giandelone and Dr. Judith Hartner



Deb Comella and Rosemary Boisvert



Carole Green and Patricia Howard



Deb Patterson and Windy Gavin

Doctor and Dietician

Improving Life Expectancy With Lifestyle Changes



by Ross Hauser, MD
and Marion Hauser, MS, RD

Did you know the life expectancy in America is shorter than almost every other high income country? It stands to reason that lifestyle habits would play a role in our health and well-being. But can we change our numbers if we change our habits? It seems we can.

According to an April 2018 article in the journal *Circulation*, following five particular healthy lifestyle habits can make a pretty significant difference. Researchers looked at 34 years of information gathered on over 42,000 study participants. The five lifestyle habits they examined to determine impact on life expectancy: moderate to vigorous physical activity, moderate alcohol intake,

eating a healthy diet, never smoking and maintaining a healthy body weight. These lifestyle habits were shown to increase life expectancy at age 50 by 12 years in men and 14 years in women. That is quite an impact.

We agree that lifestyle choices play a huge role in our health and well-being, and this study really underscores the importance of choosing healthy habits. Adherence to healthy choices may be frustrating or difficult at times, since we are surrounded by fast food restaurants, excessive alcohol, sweets and packaged foods. Our busy schedules can make convenience foods look appealing. But stick to it! Spend time with friends who adhere to healthy lifestyles. In other situations, try to set a positive example for others. Create an environment that keeps you moving. Walk, bike, swim, garden and work outside. To cut some calories, try daily veggie swaps by exchanging a higher calorie food for an extra vegetable serving or two, such as carrots with hummus instead of crackers with hummus, or zucchini noodles instead of regular pasta.

When we make health a priority, our bodies function optimally, enhancing our life expectancy. Healthy choices really do make a difference.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

Access To K-12 Computer Science Expands

Since January, 20 states have passed legislation and funded \$49 million to expand access to and diversity in K-12 computer science, according to the Code.org Advocacy Coalition, a group of more than 60 industry, non-profit, and advocacy organizations working together to make computer science a fundamental part of K-12 education.

Members of the coalition include Microsoft, Amazon, Computer Science Teachers Association, College Board, and Excellence in Education Foundation, and local organizations including HawaiiKidsCAN, the Kansas City Tech Council, the Maryland Center for Computing Education, Nextech and PluralSight.

Momentum for computer science education has never been stronger. In the past five years, more than 40 states, ranging from New York and Florida to Alabama and Wyoming have made policy changes to ensure that students have an opportunity to learn computer science.

"It is amazing to see the tremendous support from educators, business leaders, parents, and policy makers to make sure that every student has the chance to learn computer science," said Cameron Wilson, president of the Code.org Advocacy Coalition. "This progress

would not be possible without the national and local partners, members of the computer science community and the 800,000 teachers who all support this movement."

These 20 states passed new laws or initiatives to support K-12 computer science (CS) since January of this year:

- Alabama has adopted new CS education standards and funded nearly \$1M for CS
- Arizona is developing new CS education standards and has funded \$1M for CS
- Arkansas has renewed \$5 million of funding for CS
- Colorado has funded \$1 million for CS and a \$1,000 per student incentive program for schools to offer AP Computer Science
- Delaware has adopted new education standards for CS
- Florida will require every middle and high school to teach CS
- Hawaii has funded \$500K for CS, adopted new CS education standards, and will require every high school to teach CS by 2021
- Idaho has renewed \$2 million of funding for CS and will require every high school to teach CS by 2020
- Indiana will require every school to teach CS by 2020
- Maryland has funded a \$7 million, 3-year plan for CS and will require every high school to teach CS by 2021
- Mississippi has adopted new education standards for CS
- Missouri will require the development of new CS education

Child Care Names CEO

Child Care of Southwest Florida Inc. (CCSWFL) has named longtime Lee Health board member and Lee County Department of Public Safety executive Chris Hansen as its new CEO. He is intent on partnering with other community agencies to strengthen, energize and grow the profile of the organization.

"I'm truly honored to work with the staff, the volunteers, the board and the community partners to advance Child Care of Southwest Florida's mission and to shine a light on the positive impact the organization makes for the children and families in our community," Hansen said.

Hansen has made it clear he's up to the challenge of inheriting the position that retiring CEO Carol Conway has held for the past four years, said John Miller, chair of the CCSWFL Board of Directors.

"I am extremely excited about the opportunities the organization has under the new leadership with Chris," Miller said. "Carol has done an amazing job of bringing the organization to where it is today, and I fully expect Chris will continue to broaden the community awareness of Child Care of Southwest Florida and its fantastic and important mission."

"One of the strengths I see in the most successful not-for-profits locally is they have relationships with so many other community organizations," said Jordi Tejero, incoming board chair and a member of the selection committee that



Chris Hansen photo provided

chose Hansen. "The way Chris speaks to leveraging relationships demonstrates that he has the mindset and the connections to lead us in what we're looking to accomplish."

Hansen is an executive board member for the National Alliance on Mental Illness of Lee, Charlotte and Hendry counties, and he also sits on the board of the First Baptist Church of Fort Myers Inc. He was named 2008 EMS Director of the Year by The Florida Association of County EMS Directors and served as a commissioner appointee on the Community Sustainability Advisory Committee for the Lee County Board of County Commissioners.*

standards and teacher certification rules, and now allows CS courses to count towards core graduation requirements

- Nevada has adopted new education standards for CS
- New Hampshire will require every school district to teach CS
- New Jersey will require every high school to teach CS by 2018
- New York has funded a 5-year, \$30 million plan for CS
- Oklahoma has adopted new education standards for CS
- Pennsylvania has adopted new education standards for CS
- Utah has renewed \$1.2 million of funding for CS
- Wyoming will start developing new education standards for CS and will require every school to teach CS by 2022

"Foundational computer science knowledge provides students with the computational thinking and problem-solving skills needed to compete in today's job market," said Jane Broom, senior director, Microsoft Philanthropies. "We look forward to continuing to work together with Code.org and education leaders to expand access to K-12 computer science education across the country."

"Access to high quality professional development is the number one request we hear from our membership, and it's wonderful to see so many states allocating funding in response to that need," said Jake Baskin, executive director of the Computer Science Teachers Association. "I can't wait

to see the effect this will have on the students who will now have access to this foundational skill."

"For far too long, too few students saw a place for themselves in a computer science class. But new policies from a number of states and the committed efforts of a coalition of organizations across the country, have set the stage for a dramatic transformation: just one year after launching our new AP Computer Science Principles course, the number of students traditionally underrepresented in computer science classrooms – females, minorities, and rural students underrepresented minorities – more than doubled," said Trevor Packer, senior vice president of AP and instruction, The College Board.

"Nextech's participation in the Advocacy Coalition has connected us with national organizations leading the #CSforALL movement as well as regional nonprofits that share our vision to give every student the chance to learn Computer Science," said Karen Jung, president of Nextech. "The collaboration amongst the member organizations has certainly helped us drive real change throughout Indiana."

In addition to the progress made at the state level, new Federal grant guidelines have prioritized funding for computer science in schools, and Congress' 2018 federal budget dedicated \$50 million per year for STEM and computer science.

For a complete list of members of the Code.org Advocacy Coalition, visit www.code.org/advocacy.*

dearRPharmacist

Painkillers Can Raise Homocysteine



by Suzy Cohen, RPh

Dear Readers: It's a Catch-22 if you are in pain and worried about opiates because then you will be switched to an NSAID drug like ibuprofen, naproxen, indomethacin, celecoxib or others.

These medications are phenomenal for reducing inflammation and relieving swelling and pain. The trouble is that they are strong drug muggers of folate, your natural vitamin B9 nutrient. That, in and of itself, is enough for you to consider supplementing with natural folate.

A folate deficiency compromises your ability to repair DNA, which can raise your risk for cancer. This can increase neuropathic nerve pain making you super uncomfortable in your own skin. Tingling, pins and needles, ant-bite sensation, hot water sensations and more can cause you mental and physical pain that is sometimes unimaginable.

Painkillers in the NSAID category are known to negatively impact cardiovascular function, especially in middle-aged to older folks. This is, in part, due to the increase in homocysteine, which is due to the folate deficiency. You need adequate amounts of folate to break down homocysteine, and the drug-mugging (nutrient depletion) of folate causes a buildup in homocysteine which should be perceived as "acid" on your heart, blood vessels and brain.

A buildup of homocysteine, will create more sulfur in your gut that leads to a "sulfur burp" which means you have a lot

of belching and yet your digestive function tests are fine.

Homocysteine is toxic to your brain, it's not just about heart disease. It's a dangerous poison to your brain and no amount of folic acid fixes it. In fact, folic acid, the synthetic form of folate, can occupy the receptors on your cells, and cause less of the real deal (folate) to get on the cell receptor, and then into the cell.

Homocysteine is a stunt-double for glutamate, which is an excitotoxin. You might think of MSG in the same way as you do glutamate. Symptoms like anxiety, insomnia, mood instability, dark depression, brain fog, brain zaps, migraines, ADHD, hypnic jerks and bone pain are all tell-tale signs of hyperhomocysteinemia. This means that your homocysteine is higher than 15 µmol/L.

It can be problematic for people in opiate and benzodiazepine withdrawal because the high homocysteine acts like an excitotoxin in the brain. You need to reduce homocysteine. I've written a longer version of this article, and I'll email it to you if you'd like it. Just sign up for my free newsletter, so I have you in my email database, and I'll send it out to you on Tuesday. In the meantime, the following nutrients are critical to reducing homocysteine: Vitamin B2, B9, B12 and B6 as well as zinc, magnesium, choline and betaine.

You'll want to eat less meat and more salads and green veggies. Greens are very high in natural folate (vitamin B9), which drives the methylation pathway, which breaks down homocysteine. The problem with meat is that it's very high in methionine, an amino acid that results in more homocysteine. So let the side dish be meat, and the main dish be greens.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✽✽

been declining for the past several years. In 2014, there were 611 children with asthma admitted to the hospital; that number significantly declined to 369 admissions in fiscal year 2017. Readmission rates dropped to nearly half in the same period – from 5.7 percent in 2014 to 2.8 percent in 2017. The decreases are a direct result of an asthma prevention program that helps patients and families better understand the disease, the triggers and how to manage medications.

Lee Health already helped day care centers and school districts throughout Southwest Florida work toward asthma-friendly designation.

Marked by episodes of coughing, wheezing, chest tightness and breathlessness, asthma is common among children. In fact, the Centers for Disease Control and Prevention note that, on average in a classroom of 30 children, about four are likely to have asthma. It is important for children to understand what triggers an attack and how to take their medications and treat their asthma.

To learn more about the asthma-friendly recognition, visit www.tinyurl.com/gchasthma. If you have specific questions about asthma education opportunities for children and adults, call Teresa Summe at 343-1043.✽✽

Beautifulife:

Repair



by Kay Casperson

Repair is a word that can be applied to every area of your life and is extremely important to do on a regular basis if you want to keep things moving in the direction of living your most balanced

and beautiful life.

What comes to mind for you when you say this word? Think about the various aspects of your life and apply it to those areas and I bet you will find some things that might need a little attention. You see, if you stay on top of those things instead of waiting too long, it will be easier to tackle them before they become bigger issues.

I have named one of my most essential skincare products this word because it does so many things to repair your skin and at the same time helps you come up with the things that you will need to repair in your life.

It is so easy to push aside issues because of the time commitment needed to clear them up, whether it be a relationship issue, a health problem or even something in your home that you need to fix. I suggest that every once in awhile, you make a list of the things that you would like to repair and then start to address them one by one, no matter what it takes to make it better. Below are a few examples for you to take a look at to stay on track:

Emotional – If you have been feeling emotionally defeated or drained, and have any thoughts of self-doubt, you will need to fill your mind with positive thoughts and encouraging words. You are responsible for keeping up with this by listening to

positive, uplifting people, focusing on all the good and doing your daily affirmations.

Physical – Let's face it, there will be many health issues in life that we will need to address at certain times, but my advice to you is to meet them head on and don't ignore them or put them aside for another day. Avoiding things that you know need attention only makes them a more significant commitment down the road and may even take much longer to work through. Get your regular physicals and listen to your body, it will usually let you know when things are not quite right.

Spiritual – Are you feeling fulfilled and uplifted? Are your beliefs bringing you all that you need to grow and thrive in life? If you answered no to the above, then it is time to take a closer look and search for your path to fulfillment, love, joy, peace and all that spirituality should bring to you.

Environmental – There is always something in your environment in need of repair. Whether it is an issue in your home, yard or community, I can almost guarantee that there is a need to be addressed at all times. Stay on top of things and you will find that everything becomes a lot less work overall.

Social – OK, this is my favorite. Why wait for your relationships to completely fall apart when all you have to do is to stay on top of forgiveness, apologies, understanding and compromise? Sounds easy right, but unfortunately we tend to wait too long and then things are not so easy to fix.

My affirmation for you this week is: "I am addressing the areas of my life that need repair, and will focus on making them better every day."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.✽✽

Hospital Earns Recognition As Asthma-Friendly

Golisano Children's Hospital of Southwest Florida is the newest hospital and the fourth in the state to be designated an Asthma-Friendly Hospital by the Florida Asthma Coalition. This state-wide award recognizes hospitals that create a safe and healthy environment for patients with asthma.

The hospital had to meet specific criteria that were designed to improve asthma care and outcomes for patients while reducing emergency department visits and hospitalizations. The five criterion include:

- Professional development for hospital nurses and respiratory therapists on asthma management
- Professional development for hospital physicians on asthma management
- Asthma action plan
- Self-management education
- Multi-component home-based asthma education
- Hospital admissions due to asthma at Golisano Children's Hospital have

Diabetes Prevention Program

Have you been told that you have Prediabetes? Would you like to learn about a variety of tools that have been proven to prevent or delay the onset of Type 2 Diabetes?

Lee Health will offer a free program at The Sanctuary beginning Wednesday, June 6 from 9 to 10 a.m. The Wednesday programs are designed to help participants make modest lifestyle changes and cut their risk of Type 2 diabetes by more than half. This year-long program with weekly meetings for the first six months, then once or twice a month for the second six months, is part of the National Diabetes Prevention Program, led by the Centers for Disease Control and Prevention (CDC).

Information presented in the workshop can help you become empowered to prevent Type 2 diabetes. Learn about the benefits of physical activity; manage symptoms of stress, make smarter decisions related to healthy eating, and tips to stay motivated. Participants will receive a participant guide to use as an

ongoing reference tool once the classes are completed.

The Sanctuary is located at 8960 Colonial Center Drive in Fort Myers. Seating is limited and registration is required. Call 424-3127 for more information.✽

From page 21

Summer Programs

discuss the ecosystem's plants, mammals, birds and reptiles. This is geared for adults and children. Bring water, sunscreen and bug spray. Meet at the flagpole in front of the Visitor & Education Center.

Family Beach Walk, every Friday at 9 a.m. – The one-hour program convenes at Gulfside City Park to explore the refuge's gulf-front Perry Tract. City parking fees apply. Bring water, sunscreen and bug spray.

Wildlife Wonders, every Saturday at 11 a.m. – Refuge education staff members lead this 30-minute indoor program about the mysteries of manatees, alligators, crocodiles, horseshoe crabs and birds in the Visitor & Education Center auditorium.

For more information, call 472-1100 ext. 237 or visit www.dingdarlingsociety.org/articles/free-refuge-programs.✽

PETS OF THE WEEK

photos provided

Haven on Earth Animal League

Gemma And Paige

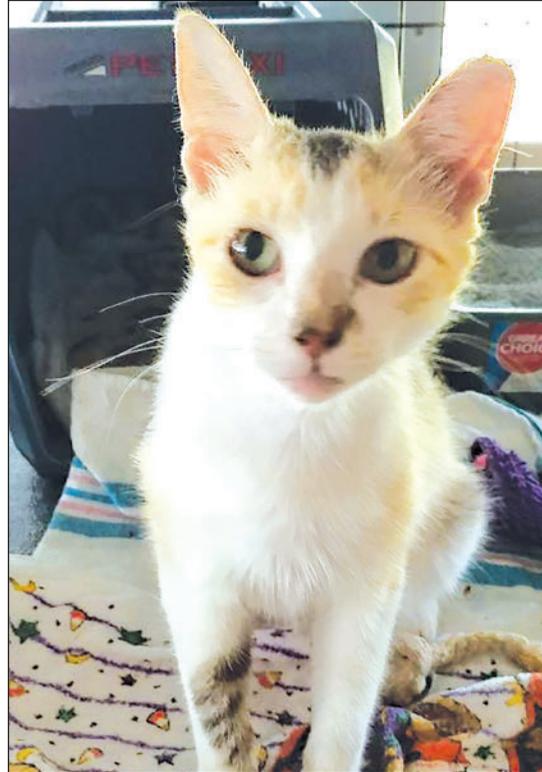


Gemma

Hi there! My name is Gemma. I am a beautiful, 10-month-old, black and white tuxedo kitty. I am spayed and up-to-date on all vaccines. I can be a little bossy at times, but I'm still very sweet! I'm currently staying at Petco in Gulf Coast Town Center. My adoption fee is \$100.

Hello, I'm Paige. I am a beautiful, calico female kitty, not even 2 years old. I am very affectionate and I even get along with friendly dogs. I have been fully vetted and brought up-to-date on all vaccines. I tested positive for FIV, but I'm told that I can still live a long, happy life once I find my forever home. I am currently staying with a foster mom. My adoption fee is \$75.

Haven on Earth Animal League, Inc. is a 501(c)3 nonprofit animal rescue organization



Paige

in Fort Myers, Florida operated completely by volunteers. Our mission is to rescue, house, rehabilitate and re-home abused, unwanted, neglected and homeless animals into forever, loving homes.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.

Lee County Domestic Animal Services

Birdie, Robyn And Daphne



Birdie and Robyn ID# A731027 and A731030

Birdie and Robyn are 3-month-old female domestic shorthair sisters who were rescued from a hoarding situation that left them with a virus causing eye issues. While they are stable at this time, it can flare up from time to time. Birdie has also become dependent on Robyn to get around. She helps her navigate when she has trouble and gives her the confidence she needs. They are very playful with each other and people. They just need a loving home that will keep this bonded pair together.



Daphne ID# A740200

The adoption fee is \$30 or the two-for-one special.

Daphne is a 7-month-old female labrador retriever mix who is a sweet pup looking for a home to grow up in. Like most labs, she loves water and tennis balls. She is currently learning her Canine Good Citizen skills with our volunteers. Stop by today to see what she has learned. Her adoption fee of \$75 includes spay, up-to-date vaccinations, rabies, county license, 10-day health guarantee. That's a \$500 package.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

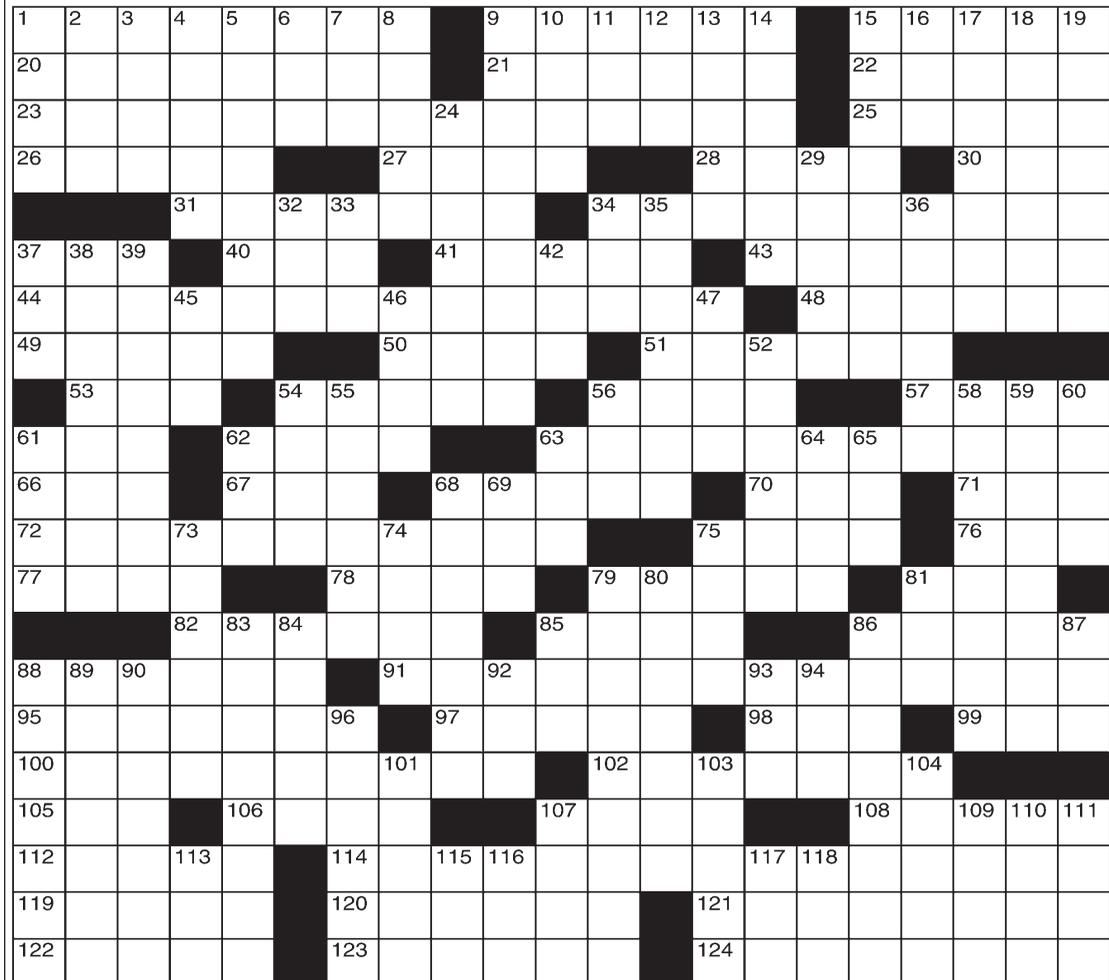
PUZZLES

Answers on page 29

Super Crossword

EIGHT LOW NOTES

- | | | | | | |
|------------------------------------------------|-------------------------------------------------|---------------------------------------------|--------------------------------------|--------------------------------------|------------------------------------|
| ACROSS | 48 Licoricelike herbs | 82 Volkswagen family car | DOWN | 36 Koreans and Laotians | 74 Cliff rock |
| 1 Snakebite treaters | 49 Novelist Ira Lovato | 85 Moore or Lovato | 1 Tosses in | 37 Ott of baseball | 75 Solo often in Italian |
| 9 Roomy rides | 50 Margaret Mitchell's plantation | 86 Use profanity | 2 Sign light | 38 High-school junior's grade | 79 Slum abodes |
| 15 Slowly, in music | 51 African nation | 88 Very strong | 3 Narration | 80 Moseying | 81 Old carrier |
| 20 Tie in a race | 53 — Trapp family | 91 Late 19th-century political group | 4 Lazy type | 83 Tentacled reef dwellers | 84 Fine violin |
| 21 Actress Wilde of "House" | 54 Three-card game | 95 De-creasing workers | 5 Partook of | 85 — Moines | 86 Hits the gas |
| 22 — now and then | 56 Some book blurbs | 97 Gallery stand | 6 Always, to Donne | 87 Dark loaf | 88 Rob violently |
| 23 Taft's foreign policy | 57 Apollo program org. | 98 Laugh half | 7 "Too cool!" | 89 Twins' rivals | 90 Overturns |
| 25 Jacket-and-tie affairs | 61 The girl | 99 Mao — -tung | 8 "Once upon ..." | 92 Attention | 93 Part of a dance move |
| 26 Look from a villain | 62 Elderly Smurf | 100 Brand of flavored balms in tubes | 9 Gem in a ring | 94 Prefix with plop or flop | 96 Glowers |
| 27 Word after lo or chow | 63 Shifting of responsibility to another | 102 Tower atop a mosque | 10 North Carolina university | 95 Greyhound transport | 101 Frank topper |
| 28 Non-U.S. gas brand | 66 Co. name abbr. | 105 Hack (off) | 11 Not so bright | 98 Signal to pilots | 103 Of birth |
| 30 Use a recliner, e.g. | 67 Golf rarity | 106 Kitchen lure | 12 Gardner of "Mogambo" | 104 Redcap at work, often | 107 Speech therapy topic |
| 31 Forward, as a message with a hashtag | 68 PayPal funds, e.g. | 107 Actress Olin | 13 Less nasty | 59 Treaded winter vehicles | 109 \$20/day, say |
| 34 Grand Prix racing | 70 Lead-in to skeleton | 108 Day of song | 14 Bully's words of authority | 60 1940s film critic James | 110 Really small |
| 37 A doc prescribes it | 71 Egg mass | 112 Beat poet Ginsberg | 15 Block-filled theme park | 61 Cobra sound | 111 Uses eyes |
| 40 Imbiber's hwy. offense | 72 Edible soft-shell mollusk | 114 University SSE of Spokane | 16 Entertainer Gabor | 62 Actress Dawber | 113 Suffix with 29-Down |
| 41 Half-diameters | 75 Burning liquid | 119 V-formation fliers | 17 Wrestling holds | 63 "Pow!" | 115 Actor/comic Gilliam |
| 43 He voiced Carl in "Up" | 76 Bowl over | 120 Medieval balladeer, maybe | 18 New hire | 64 Pivot point | 116 "That guy!" |
| 44 Bachelor suitable for marriage, say | 77 Hens and heifers | 121 French folk song | 19 Pearl makers | 65 Put turf over street liner | 117 Suffix with pay or plug |
| | 78 War group | 122 Snaky curves | 24 Eyes closely | 68 Graceful | 118 Moniker, in France |
| | 79 Bakery treats | 123 Perplexes | 29 African nation | 69 Coral island | |
| | 81 Mom's treatment | 124 Eellike fish | 32 Bath fixture | 73 Some poplars | |
| | | | 33 Wheaton of "Stand by Me" | | |
| | | | 34 Fruit that's often dried | | |
| | | | 35 Like OPEC nations | | |



King Crossword

ACROSS

- | | | |
|--------------------------------------|---------------------------------|------------------------------|
| 1 Paddington or Pooh | 8 Goes bad | 31 \$50, in Monopoly |
| 5 That guy's | 9 Henhouse | 34 Orison |
| 8 Edinburgh native | 10 Pasta resembling rice | 35 Tackled tennis |
| 12 Soft cheese | 11 Adolescent | 37 Fish eggs |
| 13 Shriek bark | 16 Yoko of music | 38 First victim |
| 14 Perspiration outlet | 20 Rested | 39 Easy bounding gait |
| 15 Laos neighbor | 21 Uncategorized (Abbr.) | 40 Elbow counterpart |
| 17 Leak out slowly | 22 Met melody | 41 Urban pollutant |
| 18 Single | 23 Tranquil | 44 Time of your life? |
| 19 Timesaving type of necktie | 24 Baseball's Satchel | 45 Secular |
| 21 PC shortcut | 26 Decisive | 46 Anger |
| 24 Ring out | 27 Newspaper pg. | 47 As well as |
| 25 Persia, now | 28 Highway division | |
| 26 Sheer undergarment | 29 Within (Pref.) | |
| 30 Part of RSVP | | |
| 31 "Family Guy" dog | | |
| 32 Skillet | | |
| 33 Race for a seat | | |
| 35 Flex | | |
| 36 Ceremony | | |
| 37 Wild West show | | |
| 38 Acid neutralizer | | |
| 41 Scatter seed | | |
| 42 Skeletal | | |
| 43 Alabama's state flower | | |
| 48 Fencing sword | | |
| 49 Past | | |

DOWN

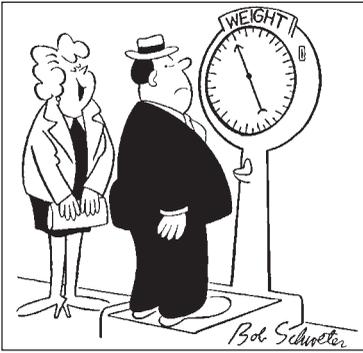
- | | | | | | | |
|------------------------|---------------------|-----------------|---------------------------|-----------------------------|----------------------------|-----------------------------|
| 1 Telly letters | 2 Mound stat | 3 Intent | 4 Given new energy | 5 Jekyll counterpart | 6 Square root of IX | 7 Astronaut, usually |
|------------------------|---------------------|-----------------|---------------------------|-----------------------------|----------------------------|-----------------------------|

MAGIC MAZE ● — STOP

S Y Y V R N K G C Z V S P L I
 Y E B A Y V R O L I F C Z W T
 K C A B W Q N K I F C Z W U R
 P M N J H R S E C R L Z X U S
 Q N L E J G U E O L C Z X V T
 R P N L G J D O U A N H E C A
 Y W V T R R D F F I I P N T L
 K I G E C A E B I B A B Z R X
 W U S R E P N M R A R U E O O
 M L J D I G E D E L T S I H W
 B A Y X W U K C U R T I P S T

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|------|-----------|--------|---------|
| Back | Emergency | Labial | Sudden |
| Bus | Fire | Pit | Train |
| Dead | Four-way | Rest | Whistle |
| Door | Full | Short | |



"Up, up, up!
should be so lucky!"
answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Bonus
WARDER

Glance
DANGER

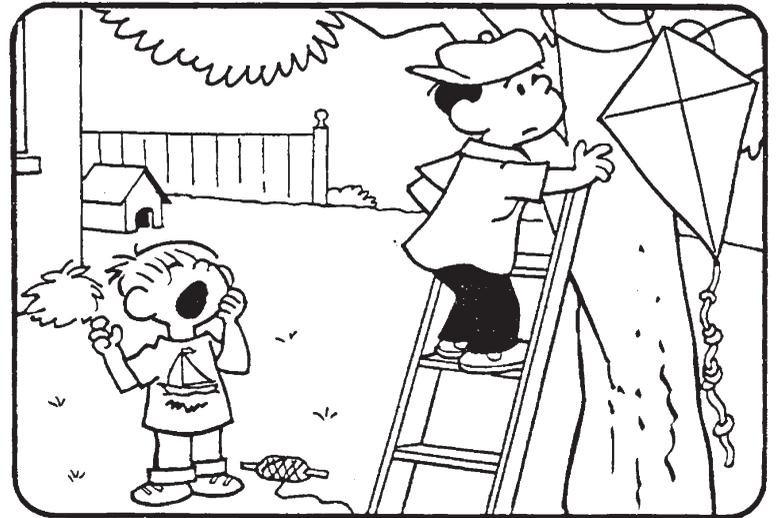
Adapt
JAUSDT

Piles
LOOSED

TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Doghouse is missing. 2. Post is missing. 3. Shirt design is different. 4. Shirttail is different. 5. Arm is moved. 6. Kite tail is shorter.

1				6			3
	6		9				5
		7	4		9		
		9		3			6
8					4		9
	3		2			5	
9			7				8
		3			5	1	
	5			1		4	
							2

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29



Shrimp with Corn Sauté and Cilantro Oil

- 24 large shrimp, peeled and deveined
- 4 ears fresh sweet corn, kernels removed from the cob
- 2 red bell peppers, diced small
- 4 cloves fresh garlic, minced
- Hot sauce to taste
- 1 tablespoon unsalted butter
- 1 lime, juiced
- 2 tablespoons fresh parsley, chopped fine
- 1/2 cup fresh cilantro
- Olive oil
- Sea salt to taste
- Fresh ground pepper to taste

In a food processor or blender, add cilantro, half of the minced garlic and 1/4 cup olive oil. Puree ingredients until smooth. Add juice from half of a lime and lightly season with salt and pepper. Puree ingredients one more time. Remove cilantro oil from blender or food processor.

Preheat a large sauté pan over medium high heat. Add 1 tablespoon of olive oil to the pre heated sauté pan. Pre season the raw shrimp lightly with salt and pepper. Carefully add the shrimp to the sauté pan. Cook the shrimp for about 4 minutes or until they are just done. Remove shrimp from pan and arrange an even amount of them on each plate.

Add the corn and diced peppers to the sauté pan used for the shrimp. Cook corn mixture for 3 minutes and



Shrimp with Corn Sauté and Cilantro Oil

add the rest of the garlic. When the corn is crisp tender, add the lime juice, hot sauce to taste and the butter. Stir the corn mixture to combine. Add an even amount of

the corn mixture to each plate. Garnish the dish with the cilantro oil.*

photo courtesy Fresh From Florida

 FRIDAY Sunny High: 85 Low: 75	 SATURDAY Mostly Cloudy High: 84 Low: 74	 SUNDAY Sunny High: 86 Low: 72	 MONDAY Partly Cloudy High: 84 Low: 74	 TUESDAY Few Showers High: 86 Low: 72	 WEDNESDAY Partly Cloudy High: 89 Low: 76	 THURSDAY Sunny High: 87 Low: 77
-----------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------

Redfish Pass Tides

Day	High	Low	High	Low
Fri	5:08 am	7:35 am	2:26 pm	10:14 pm
Sat	5:54 am	8:12 am	3:05 pm	10:57 pm
Sun	6:43 am	9:02 am	3:49 pm	11:42 pm
Mon	7:31 am	10:13 am	4:40 pm	None
Tue	8:14 am	12:29 am	5:42 pm	11:47 am
Wed	8:50 am	1:18 am	7:01 pm	1:27 pm
Thu	9:23 am	2:05 am	8:32 pm	2:54 pm

Point Ybel Tides

Day	High	Low	High	Low
Fri	4:13 am	7:37 am	1:31 pm	10:16 pm
Sat	4:59 am	8:14 am	2:10 pm	10:59 pm
Sun	5:48 am	9:04 am	2:54 pm	11:44 pm
Mon	6:36 am	10:15 am	3:45 pm	None
Tue	7:19 am	12:31 am	4:47 pm	11:49 am
Wed	7:55 am	1:20 am	6:06 pm	1:29 pm
Thu	8:28 am	2:07 am	7:37 pm	2:56 pm

Punta Rassa Tides

Day	High	Low	High	Low
Fri	4:14 am	9:09 am	2:13 pm	10:32 pm
Sat	5:03 am	9:41 am	2:54 pm	11:11 pm
Sun	5:49 am	10:15 am	3:53 pm	11:51 pm
Mon	6:35 am	10:54 am	4:56 pm	None
Tue	7:20 am	12:37 am	5:56 pm	11:47 am
Wed	8:02 am	1:28 am	7:04 pm	1:27 pm
Thu	8:40 am	2:16 am	8:13 pm	2:46 pm

Cape Coral Bridge Tides

Day	High	Low	High	Low
Fri	7:18 am	12:51 am	4:36 pm	10:51 am
Sat	8:04 am	1:30 am	5:15 pm	11:28 am
Sun	8:53 am	2:13 am	5:59 pm	12:18 pm
Mon	9:41 am	2:58 am	6:50 pm	1:29 pm
Tue	10:24 am	3:45 am	7:52 pm	3:03 pm
Wed	11:00 am	4:34 am	9:11 pm	4:43 pm
Thu	11:33 am	5:21 am	10:42 pm	6:10 pm

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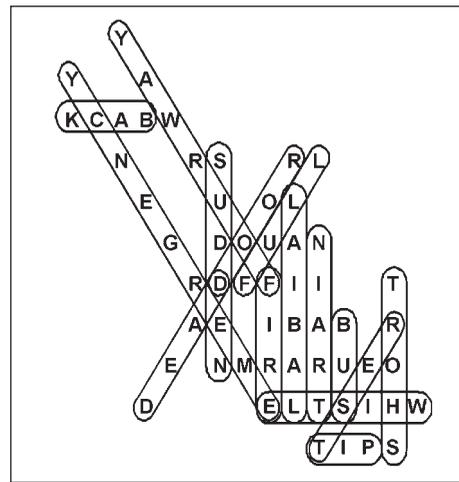
SUPER CROSSWORD

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MAGIC MAZE



SUDOKU

1	9	2	8	5	6	7	4	3
3	6	4	9	7	1	2	5	8
5	8	7	3	4	2	9	1	6
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8	7	5	1	6	4	3	2	9
4	3	6	2	9	8	5	7	1
9	4	1	7	2	3	6	8	5
6	2	3	4	8	5	1	9	7
7	5	8	6	1	9	4	3	2

My Stars ★★★★★

FOR WEEK OF JUNE 4, 2018

Aries (March 21 to April 19) An apparent act of injustice might turn out to be either an error in judgment or just plain stupidity. So calm down and cool off, and let the explanations roll out.

Taurus (April 20 to May 20) It's upsetting when someone you trusted might have failed you. But with new opportunities ahead, you'll soon be too busy to feel even a wee bit sorry for yourself.

Gemini (May 21 to June 20) A sense of uncertainty could be a good reason to change your position on an important matter. Someone close might try to talk you out of it, but it's your decision to make.

Cancer (June 21 to July 22) Being too zealous in pursuing your goal could create some resistance. Try to be more mindful of what you ask people to do, and they'll be more likely to do it.

Leo (July 23 to August 22) Things change as you go from being ignored to being lionized once again. This is a good time to reintroduce those previously rejected ideas to a more receptive audience.

Virgo (August 23 to September 22) Someone new in your life creates both anticipation as well as anxiety. Avoid the potential for misunderstandings by watching what you say and how you say it.

Libra (September 23 to October 22) Watch your budget so that you don't overspend now and have less to invest when the time is right later on. Arrange to share your weekend with someone special.

Scorpio (October 23 to November 21) The temptation to involve yourself in a friend's or family member's personal problems is laudable. But get the facts before you make a firm commitment.

Sagittarius (November 22 to December 21) You might be upset by some of your critics. But most of your associates continue to keep the faith in your ability to get the job done, and done well.

Capricorn (December 22 to January 19) You've reached an important point in your ongoing pursuit of your goals. You might now want to consider letting someone you trust join you on your journey.

Aquarius (January 20 to February 18) You've been going through a spate of uncertainty involving people you care for.

But it might be time to take a stand on a position you feel sure you can defend.

Pisces (February 19 to March 20) Treading water keeps you busy, but it won't get you where you need to go. Time to stop making excuses and to start moving ahead toward your goals.

Born This Week: You see life as both creative and pragmatic. You would not only be a fine artist, but also a successful one.

THIS WEEK IN HISTORY

• On June 6, 1683, The Ashmolean, the world's first university museum, opens in Oxford, England. Today, the collection at the Ashmolean Museum of Art and Archaeology ranges from the earliest implements of man, made about 500,000 years ago, to 20th-century works of art.

• On June 10, 1692, in the Massachusetts Bay Colony, Bridget Bishop, the first colonist tried in the Salem witch trials, is hanged after being found guilty of practicing witchcraft. Bishop, known for her dubious moral character, frequented taverns, dressed flamboyantly (by Puritan standards) and had been married three times.

• On June 4, 1942, the Battle of Midway begins. During the four-day sea-and-air battle, the outnumbered U.S. Pacific Fleet succeeded in destroying four Japanese aircraft carriers while losing only one of its own, the Yorktown.

• On June 9, 1956, bestselling crime novelist Patricia Cornwell, creator of crime-solving medical examiner Kay Scarpetta, is born. Her mother had a nervous breakdown when Cornwell was 9 and tried to give the children away to evangelist Billy Graham and his wife. The Grahams placed the children in foster care.

• On June 5, 1967, the Six-Day War begins when Israel launches simultaneous attacks against Egypt and Syria. Jordan subsequently entered the fray. By the time the United Nations cease-fire took effect on June 11, Israel had more than doubled its size.

• On June 7, 1976, *New York* magazine publishes the story that becomes the film *Saturday Night Fever*. "The Tribal Rites of the New Saturday Night," by journalist Nik Cohn, thought to be a true story about a Brooklyn disco dancer, was almost entirely fabricated.

• On June 8, 1999, some 1.3 million copies of *Hannibal*, the final book in the Hannibal Lecter series by Thomas Harris, arrive at bookstores. The cannibalistic serial killer first appeared in Harris' 1981 book, *Red Dragon*, as a minor character.

STRANGE BUT TRUE

• It was British writer and humorist Jerome K. Jerome who made the following sage observation: "It is impossible to enjoy idling thoroughly unless one has plenty of work to do. There is no fun in doing nothing when you have nothing to do. Wasting time is merely an occupation then, and a most exhausting one. Idleness, like kisses, to be sweet must be stolen."

• Europe is the only continent without a desert. Even icy Antarctica has deserts – including the world's largest cold desert.

• Modern dietary trends notwithstanding, raw vegetables have not always enjoyed the healthsome reputation they now have. In medieval times, in fact, veggies would always be cooked; raw ones were considered to be bad for the humors.

• Have you ever heard of an "adhocracy"? If you're like many frustrated workers these days, you may be employed by one. An adhocracy is an organization characterized by lack of planning, responding to problems as they emerge rather than anticipating and avoiding them.

• In La Paz, Bolivia, you can find one of the most unusual prisons in the world. At San Pedro Prison, inmates have to purchase their cells. Those who are well off financially can buy private cells with bathrooms, television and kitchens. Those who are less lucky must share tiny rooms.

• You might be surprised to learn that the world's most-translated author, by far, is Agatha Christie. Jules Verne ranks second, followed closely by William Shakespeare. It's interesting to note that three of the top 10 – Enid Blyton, Hans Christian Anderson and Jacob Grimm – wrote works for children.

THOUGHT FOR THE DAY

"The trouble with having an open mind, of course, is that people will insist on coming along and trying to put things in it." – Terry Pratchett

SCRAMBLERS

- Reward; 2. Gander; 3. Adjust; 4. Oodles

Today's Word DOW-JONES

TRIVIA TEST

- Language:** What is the accent mark that looks like a little tent over a letter like ö this?
- Television:** What animated show features a pub called "The Drunken Clam"?
- Comics:** When did *The Phantom* daily comic strip start?
- Chemistry:** What common kitchen product's chemical formula is NaCl?
- Theater:** In which musical was the song *The Perfect Year* featured?
- Anatomy:** What is the largest artery in the human body?
- History:** Which battle was considered to be a turning point in the World War II Pacific arena?
- Movies:** What movie won the Best Picture Oscar award in 2016?
- Math:** How many faces does an octahedron have?
- Literature:** In which of Shakespeare's plays does the line, "The course of true love never did run smooth," appear?

TRIVIA ANSWERS

- Circumflex 2. *Family Guy* 3. 1936
- Midsummer Night's Dream
7. Midway 8. *Spotlight* 9. Eight 10. Aorta
- Salt 5. *Sunset Boulevard* 6. Aorta
1. Circumflex 2. *Family Guy* 3. 1936

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Shore Fishing: Don't Harm The Fish



by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift

it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

Conservancy To Host Wildlife Baby Shower June 2



Raccoon photos provided



Screech Owl

Hospital. "Any size donation is greatly appreciated."

Those who bring a gift to the Wildlife Hospital Baby Shower will receive one



Mourning Dove

free admission to the Conservancy of Southwest Florida's 21-acre nature center and a Critter Courier box, which can be used to transport injured animals to the wildlife hospital.

Wildlife Hospital Baby Shower attendees will also have the opportunity to enter their name for a chance to



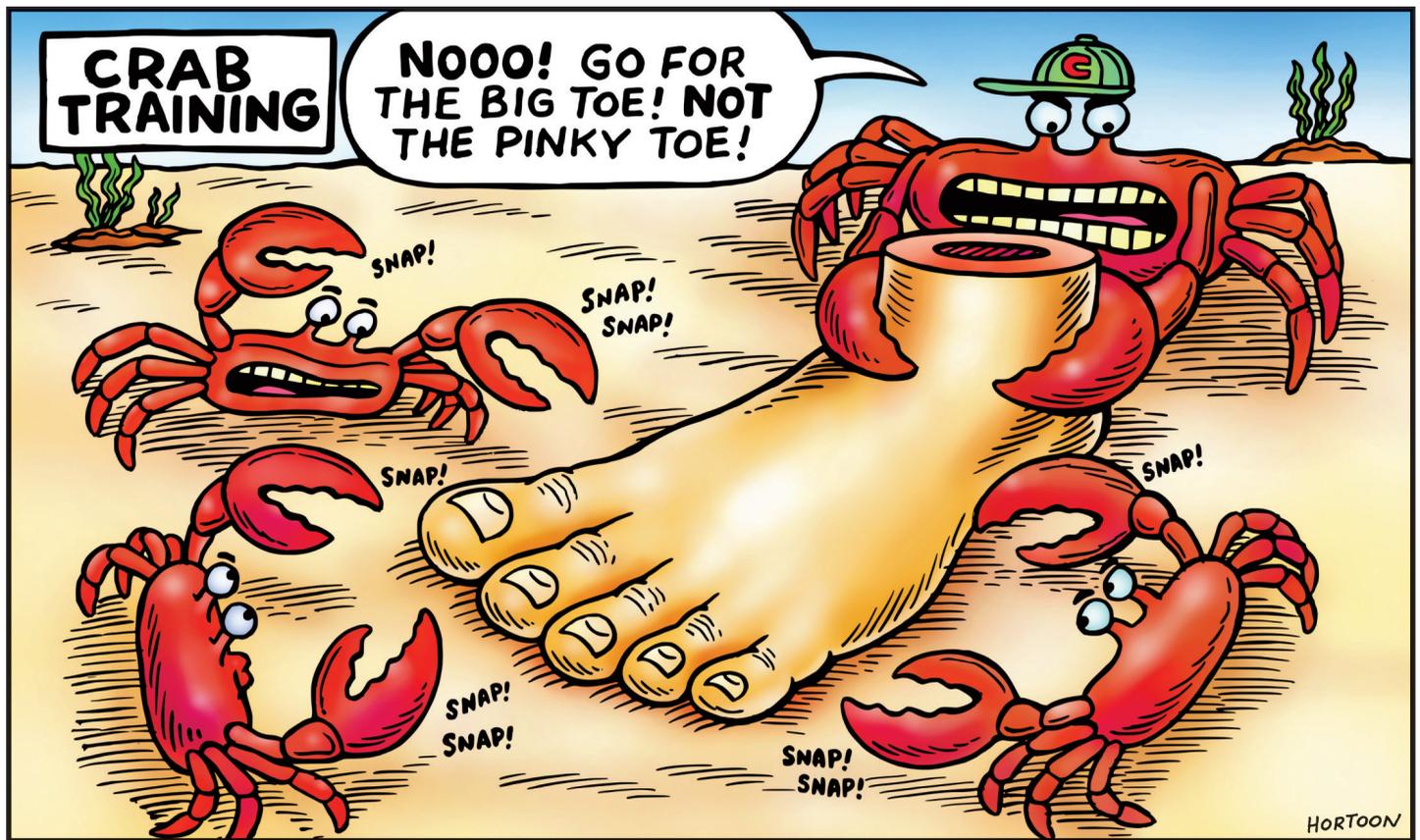
Mottled Ducks

photos provided

join wildlife rehabilitation staff for a 30-minute personal behind-the-scenes experience at the wildlife hospital.

For more information, or to make a donation to the Conservancy of Southwest Florida's von Arx Wildlife Hospital, visit www.conservancy.org/babyshower.*

HORTOONS



It's baby season for wildlife in Southwest Florida, and the Conservancy of Southwest Florida is hosting a Wildlife Hospital Baby Shower on Saturday, June 2 to help patients at the von Arx Wildlife Hospital.

The conservancy invites community members and supporters to send or bring a gift to help provide the hospital's youngest patients with the best possible care. Gifts for the recovering babies can be sent online through Amazon or dropped off from 9:30 a.m. to noon on June 2 at the Conservancy's Nature Center, 1495 Smith Preserve Way in Naples.

The von Arx Wildlife Hospital admitted more than 3,700 animals last year. As a 501(c)3, nonprofit, the conservancy relies on donations in order to provide the supplies that are essential to patient care, ranging from food products to medical supplies.

"The von Arx Wildlife Hospital will treat hundreds of baby animals during the spring and summer months, including various birds, mammals and reptiles," said Joanna Fitzgerald, director of the Conservancy's von Arx Wildlife

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sanibel Harbours	Sanibel	1986	4,350	\$3,299,000	\$2,800,000	170
Beach Homes	Captiva	1974	1,356	\$2,095,000	\$1,791,000	147
Bay Creek	Bonita Springs	2002	5,868	\$1,998,000	\$1,915,000	97
Grand Ole Man	Fort Myers Beach	1991	2,735	\$1,899,900	\$1,725,000	393
Bayfront Gardens	Bonita Springs	1999	4,455	\$1,500,000	\$1,400,000	0
Bellamare	Miromar Lakes	2004	3,417	\$1,395,000	\$1,300,000	62
Shell Harbor	Sanibel	1982	2,546	\$1,295,000	\$1,135,250	147
Carlos Pointe	Fort Myers Beach	1981	1,800	\$1,199,000	\$1,100,000	22
Shenandoah	Fort Myers	2008	4,204	\$1,185,000	\$1,175,000	204
Carolands Unrecorded Subdivision	Bonita Springs	1980	2,583	\$1,169,000	\$1,110,000	283



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